



METRO'S VOTING GUIDE INSIDE

THE MAYORAL CANDIDATES TAKE ON THE ISSUES.

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Monday, September 9, 2013 www.metro.us | t: MetroNewYork | f: MetroNewYork



Marching into spring

PAGES 26-29

New York Fashion Week hit its stride this weekend with shows from some of the brightest stars: Jason Wu, Joseph Altuzarra and Alexander Wang, whose spring line is pictured here. We take you front row and backstage. / PETER MICHAEL DILLS, GETTY IMAGES

'NYC kid' Lhota's journey to mayor

Native. Joe Lhota, former MTA head and mayoral candidate, talks about growing up in the Bronx, his working-class parents and how the Big Apple is just in his DNA. PAGE 02

Secretary to The Beatles opted not to just let it be

PAGE 18

Jets pull out miraculous win thanks to penalty

PAGE 39

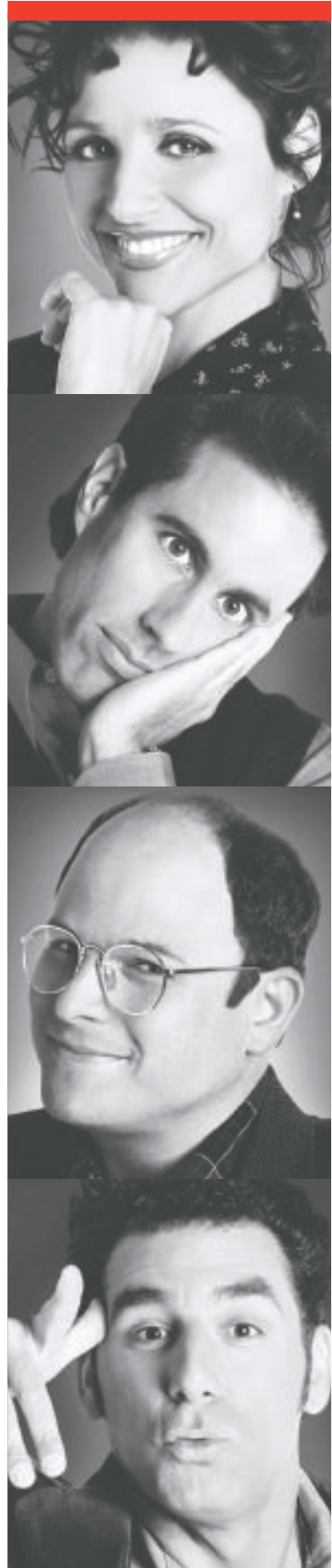
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AND MIDNIGHT





1

NEWS



Top 3

What's trending online at Metro.us

1 'Brent Musburger, Eminem conduct most awkward interview ever'

2 'Suspects in custody in fatal shooting of Brownsville 1-year-old'

3 'Dozens of dogs saved from Staten Island fire up for adoption'

Quoted

"I want to be able to hire people who understand anything is possible."

Joe Lhota



Joe Lhota, the former head of the MTA, is currently leading in the polls of the Republican primary that is to take place Tuesday.

GETTY, MILES DIXON, METRO

Candidate Lhota has New York in his DNA

The rock. The native New Yorker and former MTA chairman says that the city must reinvent itself for the 21st Century.

It sometimes seems you could ask Joe Lhota a question on just about anything related to New York City and get an answer not only to your question, but to several related questions that it had not occurred to you to ask.

Lhota self-deprecatingly refers to his own "insatiable appetite for useless information," but his encyclopedic knowledge of the city he wants to lead would not be useless for a mayor to have at his fingertips.

The burly former MTA chairman is "a kid from the city of New York." He was born in the Bronx, spent the last 25 years

in Brooklyn and went to college on a Patrolmen's Benevolent Association scholarship because his father was an NYPD cop. His grandfather was a fireman and his other grandfather was "a New York City taxicab driver." When he speaks of the city, there is a sort of reverence.

"New York is my blood, it's in my DNA," he said proudly.

Lhota is the type of Republican who is palatable for New Yorkers: fiscally conservative but not interested in cutting services,

speaking equally enthusiastically about affordable housing and managing the city's budget by doing away with irrelevant or redundant government agencies.

His belief in the importance of low and moderate income housing, day care, pre-K — all the Democratic candidate talking points — seems to be a product of his upbringing: His parents were young when they had him, and until his father became a cop when Lhota was 10 years old, both parents worked

two or three jobs to make ends meet.

"I remember it clearly," Lhota said. "I know what it means to be below the middle class."

Lhota pointed out that de Blasio's proposed tax on high earners in order to fund a \$500,000 education plan comes out to less than 1 percent of the city budget. He wants universal pre-K, too, he said. But he's confident he can find that money in the budget, without raising taxes.

He's also very pragmatic: He noted that this is the first year New York City has universal kindergarten, and that's only half a day.

A potential de Blasio-Lhota general election could be interesting, as the Republican is not unlike the ultra-progressive: As de Blasio is beating the drums against the status quo, Lhota has an eagerness to push the limits, insisting on a "need to think about how to structure the government of the city of New York and reorganize it to fit the world we're in

NYC Votes 2013

Contenders

This is the eighth in a series of profiles that Metro will run on mayoral and comptroller candidates before the upcoming primary on Sept. 10.

Constantly pushing

"The last thing I ever want to hear is the following words: 'We've never done it that way before.'"

Joe Lhota

now."

"The beauty of a new administration is that we don't know our limits," Lhota said.



DANIELLE TCHOLAKIAN
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What to expect

He would keep Ray Kelly as police commissioner if Kelly were interested in the job.

- Lhota will merge departments in city agencies, which he said would reduce costs.
- In dealing with the city's pension crisis, he described a system more

akin to the private sector with 401Ks.

- Lhota would fight the stop-and-frisk federal ruling, but he would drop the soda ban appeal.
- Lhota is interested in building affordable housing using "subsidy-type programs."



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Vote. Republicans face off in the last GOP mayoral debate

The top two Republican candidates for mayor faced off in the final debate Sunday, making noise about public safety, crime and each others' faults.

Early on, Grinsteades head John Catsimatidis slammed former MTA chairman Joe Lhota for communications problems from first responders on 9/11 while he was deputy to Mayor Rudy Giuliani.

In an awkward

moment, Catsimatidis suggested Lhota would have trouble winning the general election, noting his own support among Latino and black voters.

"All the minorities I've been to in the last three months, they love me," Catsimatidis said.

Both candidates agreed they would keep on NYPD Commissioner Ray Kelly, if possible, and would hire more police officers.

ANNA SANDERS

In Brooklyn

Cops charge woman for stabbing man to death

A 38-year-old woman, Shoshana Gweta, was arrested Saturday in the

murder of her live-in boyfriend.

Police found John Gillespie, 58, stabbed in the apartment the couple shared.

Polices took Gweta into custody at the scene. ANNA SANDERS

De Blasio angered by 'racist' accusation



Bill De Blasio is the Democratic front-runner for the Sept. 10 primary. / BESS ADLER, METRO

Controversy. The candidate fired back after Bloomberg said his campaign was "racist."

When New York magazine reported Mayor Michael Bloomberg called Bill de Blasio's campaign "racist" in a story this weekend, it caused an outcry that saw the de Blasio family pushing back at the accusation.

The remarks came after the interviewer said the Democratic front-runner had run a "class-warfare campaign" — to which the mayor responded, "Class-warfare and racist."

Asked to clarify, he said, "Well, no, no, no. I mean he's making an appeal using his family to gain support. I think it's pretty obvious to anyone watching what he's been doing."

On display

"And I think that, or at least I suspect ... 20 years ago my dad did not know he was running for mayor and he did not seek to marry a black woman to put her on display."

Chiara de Blasio

De Blasio responded, with his wife and daughter.

"I'm exceedingly proud of my family," he told reporters. "They are each and every one strong and independent and make their own decisions. And we all have proceeded as a family together, and it's been an extraordinarily positive experience for us."

EMILY JOHNSON
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Public advocate. For candidates, a chance to guide the office

As current-Public Advocate Bill de Blasio inches closer to Gracie Mansion, voters are tasked with deciding his replacement in a race overshadowed by the mayoral election.

"It's not a sexy thing," said university professor and candidate Catherine Guerriero.

"The public advocate is simply the city's ombudsman."

For two leading candidates, Brooklyn Councilwoman Letitia "Tish" James and State Sen. Daniel Squadron, the flexibility of the position gives them the opportunity to act as a voice for overlooked New Yorkers.

"I would like to look more at social justice issues in the city," James said, noting she'd like to make the office's \$2.1 million-budget independent from the mayor and City Council.

City ombudsman

The public advocate position was created in 1994 and has a small budget.

- The Office of the Public Advocate is fluid: the person at its helm determines its direction.
- Mayor Bloomberg has said the public advocate was a "total waste of everybody's money."

Squadron, who represents lower Manhattan and Brooklyn, would divide the office into four bureaus: Most Vulnerable, Children's, Accountability and Housing.

Guerriero, who teaches at NYU and Columbia, would create an "Advocate Think Tank" that publishes research on a variety of city issues.

ANNA SANDERS



Adopt a pet with Metro and ASPCA

Gosling is a 1-year-old pit bull mix. He constantly has a grin on his face and is thrilled when he makes new friends that he can play with. Gosling has a lot of energy, so be prepared to spend lots of time playing with him if you bring him home. Gosling would be happiest in a home with teens and with a family who has experience with a high-energy pup. To adopt Gosling, stop by the ASPCA Center at 424 E. 92nd Street or visit Adoptaspca.org. / ASPCA

Using 'molly'

Man accused of date raping woman

A young woman from Manhattan says a Brooklyn man she met on Craigslist raped her after spiking her drink with "molly," a pure form of the drug ecstasy, Dnainfo.com reports.

The 23-year-old woman met up with Soutrik Pramanik, 31, on Aug. 12 after he replied to an ad she had posted.

Pramanik allegedly brought her orange juice at his apartment, which he admitted to spiking with molly.

According to court documents, he raped her several times that night and then again the next morning. She called the police after getting home.

Pramanik was arrested and released on \$50,000 bail.

EMILY JOHNSON

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The stretch of land will give the owner direct access to the beach. / GETTY IMAGES

One-foot strip of Hamptons land sells for \$120K

Beachfront access.

The bidding war over the piece of land reached eye-popping proportions.

A thin ribbon of East Hampton land 1,885 feet long and just 1 foot wide went on sale in late spring for just \$10. But by the time a fierce bidding war had subsided, the property — acquired by Suffolk County a decade ago over nonpayment of taxes — had sold for

\$120,000.

The news that Marc Helie had successfully outbid fellow Manhattan financier Kyle N. Cruz for the strip of land caused a stir in the community when it was announced.

Suffolk's property manager told Newsday that the bidding war was unprecedented.

"We've had one or two pieces start off at \$400 and maybe go to \$10,000, but never like this," Wayne R. Thompson said.

The land connects the Montauk Highway to the ocean in Napeague. Helie's victory means

Water rights

"But you know what water's worth. . . . You can say, 'Oh, yes, I have a right of way to the water.'"

Wayne R. Thompson

that Cruz would have to walk on his property if he wants to reach the beach.

EMILY JOHNSON
letters@metro.us

Harlem library

Boy, 13, accused of raping girl, 8

A 13-year-old boy lured an 8-year-old girl into a bathroom and raped her at a branch of the New York Public Library, the Daily News reports.

The suspect and the victim reportedly encountered each other at the Countee Cullen Library, where he raped her.

EMILY JOHNSON

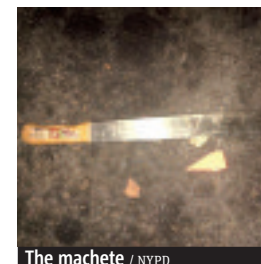
Attack. Cops shoots man in machete fight

A police officer shot a man wielding two machetes in Brooklyn Saturday night.

Police received a 911 call of a man armed with two knives at an East Flatbush residence.

When two uniformed officers arrived, they observed a man leaving the E. 46th Street building with two machetes.

When the man lunged at the officers, one fired his service weapon twice, striking the man.



The machete / NYPD

Emergency personnel took the man to Kings County Hospital where he is in stable condition.

ANNA SANDERS



People march from the White House to the U.S. Capitol in Washington against U.S. intervention in Syria over the weekend. / GETTY IMAGES

Members of Congress question White House approach on Syria

Both parties. Surveys of Congress show there are still large blocks of undecided lawmakers.

The White House pressed its case yesterday for military action in Syria but faced an uphill fight in Congress, where several prominent lawmakers said they have not been persuaded to approve strikes against Syrian President Bashar al-Assad's forces.

With a crucial test vote

planned in the U.S. Senate on Wednesday, White House Chief of Staff Denis McDonough made the rounds of five Sunday talk shows to argue that a limited strike in response to Syrian government's alleged use of chemical weapons would send a message of deterrence to regional foes.

But Mike Rogers, Republican chairman of the House Intelligence Committee and a supporter of the strikes, said President Barack Obama had made "a hash" of his argument for military action to punish Assad.

Obama's plan faces sig-

nificant resistance from Republicans and his fellow Democrats in Congress, with many lawmakers worried military strikes in Syria could lead to a prolonged U.S. commitment there and spark broader conflicts in the region. **REUTERS**

Quoted

"It's very clear he's lost support in the last week. ... The president hasn't made the case."

Rogers
Said on CBS's "Face the Nation"

Security Council

US undecided on seeking new Syria UN vote

The United States said yesterday it did not rule out returning to the U.N. Security Council to secure a Syria resolution once U.N. inspectors complete a report on a chemical weapons attack, but indicated Arab countries were seeking a tough response.

Washington and Paris say forces loyal to President Bashar al-Assad were behind the attack. **REUTERS**

Today's winner

To enter your submission for the Metro Photo Challenge to win a trip to Ghana, go to www.metrophotochallenge.com.



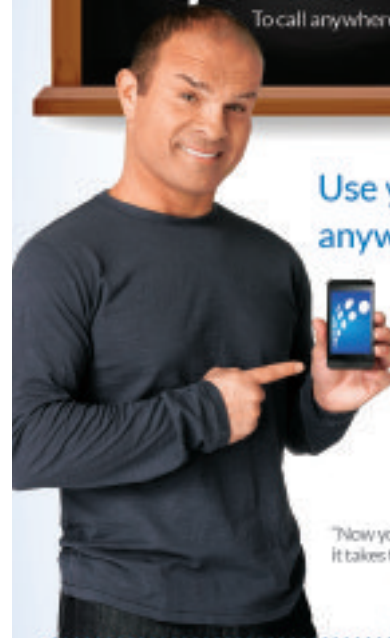
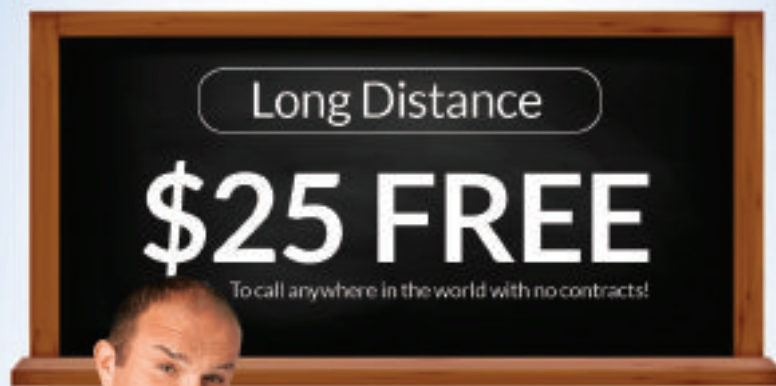
'Thunder strike'

Wigberto Rdz, Puerto Rico, Category: Sight

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Oil leak

US spied on
Brazil's
Petrobras oil
firm: Globo TV

The U.S. government allegedly spied on Brazilian state-run oil company Petroleo Brasileiro SA, known as Petrobras, according to the website of Globo, Brazil's biggest televi-

sion network.

The network, which a week ago aired a report alleging that the U.S. National Security Agency intercepted communications by the presidents of Brazil and Mexico, said its information again came from Glenn Greenwald, an American activist who has worked with fugitive former NSA analyst



Petrobras' Platform ship, P-6. / GETTY IMAGES

Edward Snowden to expose the extent of U.S. spying at home and abroad.

Greenwald, a blogger and civil liberties activist who lives in Rio de Janeiro, declined to discuss the Petrobras allegations until after the program aired last night. Petrobras officials could not be reached for comment. **REUTERS**

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Smartphones try fashion makeovers to stand out



Motorola's Moto X comes in wooden versions. / GETTY IMAGES

Creative. Making more stylish phones, however, can increase production costs.

Bright colors, funky textures and personalization are coming to a smartphone near you as mobile phone makers turn to fashion to buoy sales in a crowded market.

Apple Inc. and Google Inc.'s Motorola are among those trying to score style points as game-changing technological innovation becomes harder to achieve in the maturing business.

Since the first touchscreen iPhone hit the market in 2007, software features have become easier to replicate and improvements in speed, weight, display size and resolution have become

routine. The explosion of me-too products is already hurting profit margins and nibbling at Apple and Samsung Electronic Co. Ltd.'s market share.

Apple has invited reporters to an event tomorrow where it is expected to introduce new iPhones in a much broader palette of colors, perhaps even gold.

One-time leader Motorola, now owned by Google, is trying to win back consumers with the Moto X, relying partly on customized colors and, soon to come, engravings and unusual casing materials such as wood. **REUTERS**

Days

6

To help with logistics, Motorola is using a Flextronics International Ltd. contract facility near Dallas that can custom-build phones and ship within six days. Its long-term target is four days.

Web safe

Experts want security revamp after NSA revelations

Internet security experts are calling for a campaign to rewrite Web security in the wake of disclosures that the U.S. National Security Agency has

developed the capability to break encryption protecting millions of sites.

But they acknowledged the task won't be easy, in part because Internet security has relied heavily on brilliant government scientists who now appear suspect to many.

REUTERS

Syrian leader Assad says no evidence of chemical attack: CBS

Killings. The Obama administration has accused Assad's forces of carrying out the attack.

Syrian President Bashar al-Assad denied that he was behind a chemical weapons attack on the Syrian people and said evidence was not conclusive that there had been such an attack, CBS reported on Sunday on its news program "Face the Nation."

"There has been no evidence that I used chemical weapons against my own people," CBS reported Assad said in an interview conducted in Syria's capital city of Damascus.

The full interview will air on the CBS network and PBS's "Charlie

Rose" show today. Rose said he met with Assad in Damascus. The CBS "Face the Nation" report was a summary of the interview and did not contain any audio or video of Assad.

Assad spoke as the Obama administration was pressing its case in the United States for congressional authori-

zation of a U.S. strike against Syria in response to the Aug. 21 sarin gas attack that Washington said killed more than 1,400 Syrians.

Passage by the U.S. Congress of the authorization for use of force is by no means certain. Votes are expected this week.

REUTERS

Deployed defense

Turkey adds troops, weapons on border

Turkey has bolstered its defenses and deployed additional troops on its south-eastern Syrian border in recent days as the United States tries to

build international support for a military strike on Syria.

The reason for the additional security measures were not clear but Prime Minister Tayyip Erdogan has repeatedly said Turkey was ready to take part in any international coalition against Syria.

Israeli official

US would notify Israel hours before Syria attack

The United States would notify Israel hours in advance of an attack on Syria, an Israeli official said yesterday.

While formally on the sidelines of the Syrian crisis, Israel fears coming under reprisals from its northern foe should the United States launch strikes to punish Damascus for alleged use of chemical weaponry.

Asked how much advance notice Israel would get from its U.S. ally about such attacks, an Israeli official briefed on contacts with Washington told Reuters: "Hours."

But a senior strategist for the Defense Ministry said separately Israel was, like the rest of the world, in the dark at present.



An Israeli soldier stands near an "Iron Dome" battery, a short-range missile defense system, designed to intercept and destroy incoming short-range rockets and artillery shells. / GETTY IMAGES

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PRIMARY
ELECTION
TUESDAY, SEPT 10**

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Royal stop. Prince Andrew accepts police apology in palace stop

Queen Elizabeth's son Prince Andrew accepted an apology from the police yesterday after armed officers stopped him in the gardens of Buckingham Palace, days after two men were held in a security breach at the British monarch's London residence.

Police shouted at the 53-year-old prince, fifth in line to the throne, to "put your hands up and get on the ground," the Sunday Express newspaper said, citing an unnamed source.

The officers had apparently failed to recognize the prince, who was stroll-

ing the grounds in the late afternoon on Wednesday.

In a statement, Prince Andrew said: "The police have a difficult job to do balancing security for the royal family and deterring intruders, and sometimes they get it wrong."

"I am grateful for their apology and look forward to a safe walk in the garden in the future."

London's Metropolitan Police confirmed that two of its officers had stopped a man in the palace gardens and asked him to verify his identity.

REUTERS

NATO Afghan airstrike kills insurgents, possibly civilians

Targets. The truck was hit after the driver gave the Taliban fighters a lift.

A NATO airstrike targeting insurgents in Afghanistan's lawless east hit a pickup truck carrying up to 10 militants, officials said yesterday, amid reports that at least eight civilians, including seven women and children, were also among the dead.

Civilian deaths have been a long-running

source of friction between Afghan President Hamid Karzai and his international backers. Karzai has forbidden Afghan troops from calling for foreign air strikes, though that ban is not always adhered to, and NATO advises crews not to fire at or bomb populated areas.

Watarpur is a rural district in the north of Kunar, a mountainous province that shares a long and porous border with lawless tribal areas of Pakistan. The province has long been considered a transit hub for foreign

Quoted

"We can confirm that we undertook a precision strike in Watarpur district of Kunar, and are able to confirm 10 enemy forces killed."

First Lieutenant AnnMarie Annicelli, spokeswoman for the NATO-led International Security Assistance Force

insurgents, including al Qaeda members, who fight alongside the Taliban.

While Kunar police

chief Abdul Habib Sayed Khil and provincial governor Shuja ul Mulk Jalala said civilians had been killed in the incident, the NATO spokeswoman said the grouping had received no reports of civilian casualties.

Jalala and Khil said at least eight civilians, including three women, four children and the truck's driver, had been caught up in an airstrike targeting Taliban fighters.

The strike occurred about 5 p.m. on Saturday, Jalala said.

REUTERS



Red white and blue

A view of Arthur Ashe Stadium shows military personnel unfurling the national flag before the start of the women's singles final match at the U.S. Open yesterday. / GETTY IMAGES

Facebook's best friend

Hungarian dogs draw celebrity interest, but no money

When Facebook founder Mark Zuckerberg and his wife visited Hungary in May, social media sites lit up with people guessing why the high-tech tycoon was in the country.

It turns out he owns a puli, a Hungarian shepherd dog, and wanted to learn more about it from a breeder and check out a kennel, surprising locals with a visit.

"They were very

down-to-earth, and clearly in love with the pulis," breeder Ferenc Antal told Reuters.

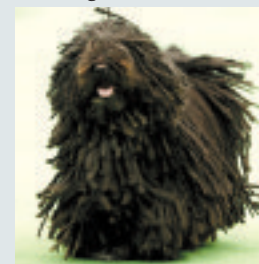
The puli is a mid-sized dog that grows long black or white fur which looks similar to dreadlocks. It accompanied nomadic Hungarian tribes more than 1,000 years ago. Its intelligence and affectionate nature make it a popular family pet.

With nine such unique dog breeds — Vizsla hunters, Komondor guard dogs and others — Hungary could be a big canine exporter.

However, demand has been decimated by the sluggish global economy and the relaxed bureaucracy of the European Union, and cheaper dogs without pedigrees have been outselling purebred dogs with official

papers.

According to Andras Korozs, chief of the Hungarian Kennel Club, some dog varieties are on the verge of extinction because of this competition from undocumented dogs. REUTERS



A puli / GETTY IMAGES

Pedigrees

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"Ten years ago, we gave pedigrees to 80,000 dogs per year," Korozs said. "Last year, we issued 20,000. This doesn't mean births are down, but owners don't spend the extra on pedigrees, because it's not worth the investment."

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Study. E-cigarettes as good as patches in helping smokers quit

Smokers who switch to electronic cigarettes to try to kick their habit are at least as likely to succeed in quitting or cutting down as users of nicotine patches, according to research published yesterday.

In a first-of-its-kind study, researchers compared electronic, or e-cigarettes, with the more standard nicotine replacement therapy patches.

They found levels of success were comparable, with e-cigarettes — whose

intense debate among health experts — more likely to help smokers who fail to quit cut the amount of tobacco they use.

Some experts fear e-cigarettes may be a “gateway” to nicotine addiction and tobacco smoking, while others view them as the most useful method yet of cutting back and helping would-be quitters.

While the argument rumbles on, smoking continues to kill half of all those who indulge in it.

Tobacco is responsible for 6 million deaths a year and the World Health Organization estimates that number could rise beyond 8 million by 2030.

In addition to as causing lung cancer and other chronic respiratory conditions, smoking is also a major contributor to cardiovascular diseases, the world's number-one killer. **REUTERS**



Tobacco is responsible for 6 million deaths a year. / GETTY IMAGES

Daimler aims to launch self-driving car by 2020



Technology already on the market allows partly automated driving, in which motorists stay in control but get a hand from the vehicle. / GETTY IMAGES

Law. One obstacle to overcome is making it legal for cars to steer themselves.

Germany's Daimler AG plans to start selling a self-driving car by 2020 as part of its campaign to regain the top spot among premium carmakers, its development chief said.

Carmakers and suppliers across the world are working on ways to make driving safer and more comfortable through automation, and the race is

on to bring the technology to the mass market.

“We want to be the first to launch autonomous functions in production vehicles. You can be sure: We will accomplish that in this decade,” Daimler head of development Thomas Weber said.

Daimler, battling to regain the top spot in the luxury car market from German rival BMW, is focusing on so-called highly automated driving, in which cars master situations such as cruising the motorway or maneuvering through traffic jams while the driver relaxes. **REUTERS**

Quoted

“People prefer to be comfortably installed in a leather seat, reading the paper or catching up on email, rather than stuck behind the wheel in a traffic jam or on a monotonous motorway.”

Georgic Legros

A Paris-based management consultant with AlixPartners

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2

CULTURE

Twitter feed

We check in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

James Franco is a Lady Gaga fan, Tom Arnold is a fan of Canada, Michelle Trachtenberg is a fan of being folksy and Jim Carrey is a fan of having it all figured out.

@JamesFrancoTV: Gaga at fashion week - so sweet

@TomArnold: I don't want to hurt LA's feelings but I could totally see myself falling in love with this town #Toronto

@RealMichelleT: Am I the only person who uses 'Anyhoo' as an amusing transitional word in a conversation?

@JimCarrey: We r seedlings being formed by our choices on greenhouse earth 2 be replanted, when mature, in the astral plane. How do I know? I don't. Haha

Who gave this kid a Kar (dashian)?

I was going to write something about how sick I am of the Kardashians' absurdly public exploits, but then I remembered that if those bozos stopped fighting publicly, having huge butts, marrying athletes and rappers, etc., I'd have a much harder time finding things to write about for this column.

And since I'm writing this particular column on a Sunday, with last night's cocktails still sloshing around in my bloodstream, I was pleased that Kendall Jenner (one of the two teenage sisters, who I can't tell apart, but I can tell are right on track to grow up to be just as vapid and useless as their big sisters) did not disappear this weekend.

Kendall was apparently taking video selfies of herself while driving on Friday. How do we know this? The little brainiac posted these videos of herself to the Internet. They show Kendall making duck faces that she definitely thinks are adorable and sexy eyes that definitely were not focused anywhere near

the road — which is the place that eyes, sexy or otherwise, should be focused when one is operating a motor vehicle.

This is such a predictably dumb and self-obsessed Kardashian thing to do that it almost seems orchestrated by whatever media overlord pulls their puppet strings (looking at you, Seacrest!). This, mind you, is right on the heels of Kylie (the other teenager) crashing her \$110,000 Mercedes last week.

Please take a nice long minute to consider the fact that a 16-year-old girl had a \$110,000 car and you're probably reading this with your face in some guy's sweaty armpit on a subway on your way to a job that doesn't involve being famous for a living. Happy Monday.

[Editor's note: Apparently we do not keep up with the Kardashians quite as well as we think we do. In Friday's Word, we mistakenly wrote that Lamar Odom is married to Kourtney. He is married to Khloe. Though maybe not for long.]



EYES ON THE ROAD,
KENDALL JENNER / GETTY IMAGES

THE WORD

Alexandra Cavallo takes on the world of gossip.

ALEXANDRA CAVALLO

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@AlexCavallo

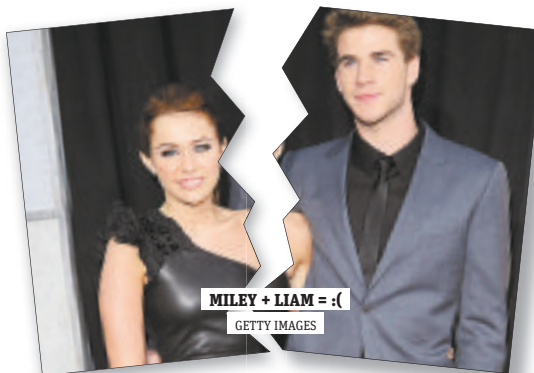
Cyrus is back on the market

If the Kardashians aren't giving me easy "news" fodder, it's Miley Cyrus. I love Miley.

Unfortunately, I guess Liam Hemsworth does not love Miley. According to Us Weekly, he's over their engagement and does not want to make it twerk. LOL, see what I did there? Twerking is so hot right now, you guys. And so is that new club drug

Molly, which — heads up, parents — is not new, but will help you twerk better and also maybe kill you.

Anyway, my point here (I had one, I swear) is that Miley and Liam will not be getting married after all. Also, Miley called a paparazzo a C-word over the weekend, and then announced it over Twitter. Miley doesn't care.



MILEY + LIAM = :(
GETTY IMAGES



THERE IS NO MCDONALD'S IN
GWYNETH PALTROW'S
HOUSEHOLD. / GETTY IMAGES

Goop's kids ate fries

I think that Chris Martin probably took his kids to McDonald's just to stick it to Gwyneth Paltrow. Because can you imagine a more horrifying scenario for Goop than the idea of Gwynnie's kale-fed angels eating fast food? In a plastic booth? In the vicinity of poor people and their poor children?

According to the National Enquirer, Paltrow and family were in the Hamptons for a signing of her new book, "I Know Best and You're All Ugly," (just kidding, it's a cookbook titled "It's All Good" — that first title is the name of my future memoir) and, while Gwynnie was busy with her legions of adoring fans, Martin took the kids to lunch at Mickey D's. And apparently she freaked out. Elegantly, though. Like, a super-refined freak-out.

Burning Man goes mainstream

Well guys, I think Burning Man might have jumped the shark. (Can big, smelly desert festivals fueled by lots and lots of drugs and artistic pretensions jump sharks?) I think this because Puff Daddy (I will never, ever call Sean Combs anything but Puff Daddy, that's final) was there this weekend.

According to the Huffington Post, pictures of the mogul/producer/terrible rapper wearing a golden glove a la Michael Jackson, some sort of sailor suit and, inexplicably, holding a pink parasol (see: drugs) at Burning Man have emerged on the Internet — which, while awesome in so many ways, does

not really embody the spirit of Burning Man. I don't think. Actually, I don't really understand what Burning Man is about, other than getting weird, which I guess he accomplished.

Mostly, I just wanted to put a picture of Puff Daddy in a sailor suit holding a pink umbrella in front of a burning pile of sticks while the sweet and low strains of "I'll Be Missing You" play in the background in all your heads.



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Celebrities. What the stars not at Fashion Week are doing

1 Across the pond, **Selena Gomez** performed on stage at Hammersmith Apollo on Saturday in London.

2 Actresses **Dakota Fanning**, left, and **Elizabeth Olsen** got the party started at the Variety Studio At Holt Renfrew during the 2013 Toronto International Film Festival on Saturday.

3 **Tilda Swinton** was at the 39th Deauville American Film Festival in Deauville, France, on Friday, promoting the film "Snowpiercer."

4 **Keira Knightley** popped up at the Toronto International Film Festival's "Can a Song Save Your Life?" premiere at the Princess of Wales Theatre on Saturday.

5 **John Travolta** revived a classic move while receiving a tribute before the screening of "Killing Season" during the Deauville American Film Festival on Friday.

6 **Nicole Kidman** spent her Friday at Roy Thompson Hall for the premiere of "The Railway Man" at the Toronto International Film Festival.

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Salinger goes big-screen

On film

Has anything new cropped up since you locked down the film and the book?

I got this amazing letter a week ago that Salinger wrote to someone in Germany. It says, "It isn't true at all that I hate or dislike all films, and it's always more than a little off-putting, not to say irritating, to hear that I do. The fact is I like certain kinds of films inordinately, and even own a 16mm sound projector and a few old prints." He goes on to disprove one of the myths about him: that he hated movies. On page two of "The Catcher in the Rye," he says, "I hate movies."

Interview. A Hollywood screenwriter's passion project comes to life.

Like many who toil in Hollywood, Shane Salerno had a passion project on the side. While writing for "NYPD Blue" and getting credits on the likes of "Armageddon," Salerno labored hard on a look into the unknown (or at least underknown) private life of the most famously private writer of all: J.D. Salinger. The fruits of his labors are now available, in the form of a documentary and a 700-page book, both called simply "Salinger."

Was this always intended to be a nonfiction project?

Initially I wanted to make it as a feature with Daniel Day-Lewis playing Salinger. But I knew how fanatical he was about research. Over the course of all this research I realized it's a documentary. And then six months into the documentary I realized there was no way this story could be told only as a two-hour film. That's when the book became important.

Do you view the movie as a gateway attraction for the book, which is bigger and more comprehensive than the two-hour film?



Shane Salerno delved deep into unknown parts of J.D. Salinger's life.
GETTY IMAGES

I view them as one combined project. They work independently of each other. The book is about his life and has an enormous amount on his work. The film is about his life with a psychological portrait of his work.

Did it take much doing to get some people to speak about him?

Sure. In the case of Jean Miller — this was a woman who was 14 when she met Salinger, 19 when their relationship ended, who had a hundred letters from him and had never told her story anywhere. Not only did she talk to us, she gave us all of Salinger's letters to her. They start in 1949 and go all the way to 1954, when she's in college and he's sending her telegrams saying, "Can you come up this weekend?"

Did she require a lot of coaxing?

I wouldn't say coaxing. She wanted to make sure this was a serious endeavor, and one that would tell the story honestly. She definitely put us through a hardcore vetting process.

Ultimately, how did you wind up convincing her?

I think it was just time. At that point we were eight years in, seven years in, and she had seen the work. And remember: If we wanted to do something cheap and exploitative we would have slapped this thing out in 2010, right after he passed away. We had a done film, ready to go when he passed away. There was a lot of pressure to do that. I just knew there was this other material. Because we waited we got things like the only photo of him writing during the war.



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Diesel rules — technically

Box office.

"Riddick" triumphs during a historically light weekend at the movie theater.

Vin Diesel's return as glowing-eyed space traveler Richard B. Riddick won the weekend movie race, ringing up \$18.7 million in U.S. and Canadian ticket sales and knocking three-time box office queen Oprah Winfrey to second place.

The movie was the only new nationwide release on the post-Labor Day weekend, usually one of year's slowest at theaters as summer blockbuster season ends and kids return to school.

"Riddick" is a sequel to the 2000 release "Pitch Black" and 2004's "The Chronicles of Riddick." It was independently financed for \$38 million.

Civil rights drama "Lee Daniels' The Butler," starring



Vin Diesel saunters to the top of a weak box office weekend with "Riddick." / UNIVERSAL PICTURES

Top 5 earners

- 1 'Riddick,' \$18.7 million
- 2 'Lee Daniels' The Butler,' \$8.9 million
- 3 'Instructions Not Included,' \$8.1 million
- 4 'We're the Millers,' \$7.9 million
- 5 'Planes,' \$4.3 million

ring Oscar winner Forest Whitaker and media mogul Winfrey, slipped to second, bringing in \$8.9 million from Friday through Sunday.

"The Butler" brought its cumulative sales to \$91.9 million. The movie topped box office rankings in its first two weekends and again over the four-day Labor Day period.

"Instructions Not Included," a Spanish-language film starring and directed by Mexican tele-

vision star Eugenio Derbez, was third with \$8.1 million in its second week in release in U.S. and Canadian theaters.

Jennifer Aniston comedy "We're the Millers" took in \$7.9 million for fourth place, followed by animated Disney film "Planes" with \$4.3 million.

Concert film "One Direction: This is Us," about the popular British boy band, fell to the No. 6 slot with \$4.1 million, according to studio estimates.

REUTERS

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A long and winding road

Interview. Freda Kelly just wanted to make "a little DVD" about The Beatles.

Freda Kelly spent years keeping mum about her former job as the secretary for The Beatles, specifically manning their fan club from 1961 to 1972. When she decided to finally break her silence, it was for entirely selfish reasons. "I just wanted a little DVD for my grandson," she says.

Various people had approached her over the years, wanting her to write books and do interviews. "I just shrugged them off," she says. "There's too many out there, and everybody knows the story anyway. But when my grandson came along, my daughter said, 'Oh, mum, your memory's going and you don't write anything down. Do something for him, to let him know what you did.'"

This wound up becoming "Good Ol' Freda," a documentary consisting of Kelly reminiscing about her former employers. In the film, and in person, she radiates a genuine modesty and warmth, coming off as, well, grandmotherly.



Former Beatles secretary Freda Kelly breaks her silence in "Good Ol' Freda." / GETTY IMAGES

Even at 86 minutes, there are plenty of stories that didn't make the cut. Director Ryan White shot some 40 hours of interviews, and promises that a particularly juicy story — about a raucous after-party for the 1967 film "How I Won the War," which featured John Lennon — will be on the DVD. Asked about what happened, Kelly demurs, saying we don't have enough time.

Once The Beatles relocated to London, and she stayed in Liverpool, she found herself becoming

a bit of a stalker. "Once I knew a Beatle was at home with their parents, I was there like a shot because I needed them to sign things for the fan club," she says. "They must have had enough — 'She's turned up again with that bag full of stuff.' But they never told me to go away."

One of her bosses, Ringo Starr, appears at the end of the film. But it's not a reunion. "I haven't spoken to him," Kelly says. After the fan club was dissolved, she kept in touch for three years. She did

Another view

The director

Filmmaker Ryan White has known Kelly for years — his uncle is Billy Kinsley, of the fellow Liverpoolian breakup band The Merseybeats. But he had no idea of her former job. "She really is that private," he says. Kelly provided an interesting angle. "She's one of the few members of the inner circle who hasn't passed away. She has one of the few female perspectives on the inner circle. And this is one of the few untold stories — probably the last true story you'll hear about The Beatles."

go see the Paul McCartney and the Ringo concerts in Liverpool, where she still resides. But she didn't try to see the musicians. "I wouldn't knock on the door and go, 'Hello! I used to work for you 40 years ago! Can I come in?'"

Asked for her favorite Beatles song, she names "Here, There and Everywhere." But not all are winners. "I'm not keen on 'Hey Jude,'" she admits.



MATT PRIGGE
matt.prigge@metro.us

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- BROAD ECONOMIC DEVELOPMENT
- STOPPING THE CLOSING OF HOSPITALS
- EQUALITY FOR ALL AND STOPPING UNFAIR PROFILING
- TENANTS RIGHTS
- IMPROVING SCHOOLS AND UNIVERSAL PRE-K
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METRO HEADS TO THE BALLOT BOX

Big election. The primary season winds to a halt on Tuesday, as New Yorkers vote for the top Democratic and Republican contenders who will go on to battle it out for mayor. **On the issues.** The candidates give their viewpoints on the top issues of the day for residents, ranging from public safety to the high cost of housing in the city.



An election official hands an "I Voted" sticker to a voter after they went to the ballot box. The New York City primary for mayor, city council and other positions takes places on Sept. 10. / GETTY IMAGES

The road to Gracie Mansion

Housing.

Christine Quinn, City Council Speaker

Build 40,000 affordable apartments over the next decade; overhaul Housing Maintenance Code to crack down on bad landlords; ensure young people have access to shelters; build LGBT housing community.

Bill de Blasio, Public Advocate

Require developers to build affordable housing for low- and middle-income families when neighborhoods are re-zoned; establish a support program for families that are at risk of ending up on the street.

Bill Thompson, former City Comptroller

Take inventory of all city, state and federal land available for development; build 70,000 new affordable housing units; overhaul rent laws; reform NYCHA within two years.

Anthony Weiner, former Congressman

Subsidize flood insurance premiums to keep people from getting priced out of their homes; help people living with HIV/AIDS get access to housing; reform NYCHA to be more energy-efficient.

John Liu, City Comptroller

Increase low- and middle-income housing preservation and creation by more than 50 percent — 100,000 units over four years; overhaul NYCHA repairs and maintenance; establish families rental voucher program.

Joe Lhota, former MTA Chairman

Back proposal to require a \$356 million annual increase over the city's current affordable housing plan; build public housing on sites of under-utilized state-owned properties and little-used post offices.

John Catsimatidis, head of Gristedes

Re-zone land near transit hubs to provide incentives for developers to build affordable housing.

Jobs.

Christine Quinn

Double city's exports by 2020; provide incentives for biotech startups; invest in Brooklyn Tech Triangle; transform the South Bronx into center of green business.

Bill de Blasio

Expand Career and Technical Education high school programs; establish economic development hubs in neighborhoods; overhaul bidding process for government contracts to give local businesses a better chance.

Bill Thompson

Eliminate the unincorporated business tax; appoint Chief Jobs Officer; foster tourism throughout the five boroughs; create online database of available commercial space; limit fines on small businesses.

Anthony Weiner

Provide tax incentives for job creation in the outer boroughs; foster innovation by putting city employees through an "Ideas Lab"; "in-source" more call-center jobs.

John Liu

Exempt small businesses from unincorporated business tax and general corporation tax; reduce fines on small businesses; increase minimum wage to \$11.50 an hour; paid sick leave for all.

Joe Lhota

Reduce regulations and taxes on small businesses; diversify the economy; bring a limited number of casinos to the city.

John Catsimatidis

Lower the cost of doing business in New York; expand vocational training; lure tech companies to the city.

Taxes.

Christine Quinn

Raise taxes on the wealthy "only as a last resort."

Bill de Blasio

Tax city residents earning more than \$500,000 to fund universal pre-kindergarten.

Bill Thompson

No tax hikes; instead, "redirect dollars" and "make sure we prioritize every dollar to make sure we get the best bang for each buck."

Anthony Weiner

Digitize the city budget; publish all government contracts; adjust tax brackets for inflation; create a commission for real estate tax reform.

John Liu

Legalize and tax marijuana to help pay for higher education; lower the income tax for those who make less than \$500,000 a year and increase taxes on the top 1 percent of earners by 1 percent.

Joe Lhota

Make tax structure more "business friendly"; re-zone Midtown East to allow for taller buildings; shrink the size of city government.

John Catsimatidis

Opposes raising taxes on the wealthy; but "everybody should feel the pain a little bit."

WHO WILL BE MAYOR OF YOUR NEW YORK?

THE UNHEARD THIRD
VOTE 2013

The primary election is Tuesday, September 10.

After twelve years under Mayor Michael Bloomberg, New York City voters have an opportunity to determine a new direction for the city on important issues like economic growth, affordable housing, and education.

The Community Service Society created this voter guide to help New Yorkers learn more about the candidates for mayor. We asked the leading candidates* to weigh in on their plans to address issues of concern to low-income New Yorkers—and to the city as a whole.

*We did not receive responses from John Catsimatidis (R), Joseph Lhota (R), George McDonald (R), or Anthony Weiner (D).
Adolfo Carrión Jr. is the Independence Party candidate in the general election on November 5.

Learn more and view our complete guide online at www.cssny.org/vote2013

What are your big ideas for growing the local economy in a way that creates good-paying jobs that offer upward mobility for low-wage workers and expands the middle class?

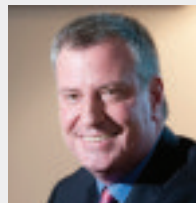
Candidates in the Democratic Primary

Independence Party



Sal Albanese (D)

To keep New York the center of opportunity in America, we have to create jobs in both the short and long term. I'll take a three-pronged approach: investing in education in a big way, diversifying the economy, and promoting good wages for all workers.



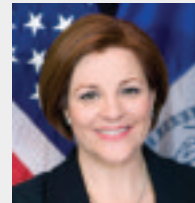
Bill de Blasio (D)

We must: Expand living wages, maximize opportunities for development, lessen the burdens on small businesses, invest more smartly, build a workforce of tomorrow through CTE programs, and improve public schools.



John Liu (D)

We must improve educational opportunities and improve the environment for small businesses.



Christine Quinn (D)

As Mayor, I will pursue a three point strategy for job creation: invest in sectors with high growth potential, support small businesses and entrepreneurs, and remove obstacles to job creation for all businesses.



Bill Thompson (D)

I am running for mayor because I care about the future of all New Yorkers. I will ensure that economic growth reaches all corners of our city by supporting small businesses, and increasing education and training opportunities for vulnerable New Yorkers.



Adolfo Carrión Jr. (I)

Our emphasis must be on training all New Yorkers—particularly low income New Yorkers—with skills for the 21st century economy. We should ensure that job training programs are targeted to growth industries in which the city has a comparative advantage.

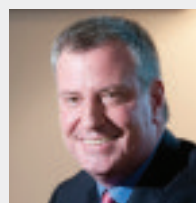
ECONOMIC GROWTH

Post- Sandy, the need for a 21st century infrastructure that can withstand extreme weather events is clear. How would you invest in upgrading infrastructure in a way that stimulates local hiring?



Sal Albanese (D)

As Mayor, infrastructure will be one of my top priorities. I will make every effort to provide incentives for contractors and city agencies to hire local residents at good wages to rebuild our neighborhoods.



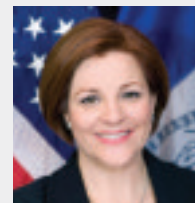
Bill de Blasio (D)

Moving forward we must look to best practices in states like Louisiana and Florida to rethink where and how we build our city's infrastructure.



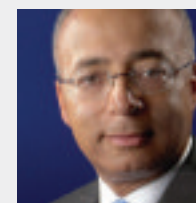
John Liu (D)

I have used money from the pension funds to invest in upgrading infrastructure that stimulates local hiring.



Christine Quinn (D)

My first goal is to rebuild stronger and as quickly and effectively as possible. In the coming months, as we determine what and where to build, I'll work to provide job and training opportunities for young and unemployed New Yorkers.



Bill Thompson (D)

We will be committed to using the city's talented and dedicated workforce to build new infrastructure—public works play an important role in stimulating the economy—because people who live in NYC have a vested interest in fixing our infrastructure.



Adolfo Carrión Jr. (I)

Local hiring is critical to ensuring that development projects are welcomed by host communities and that host communities share in the benefits of such projects. Our focus must be on ensuring that all New Yorkers have the skills for the 21st century economy.

LOCAL JOBS

The City Council overrode a mayoral veto to pass paid sick time. Would you favor expanding this law to provide paid sick days to employees in manufacturing and working for smaller businesses?

PAID SICK DAYS



Sal Albanese (D)

Paid sick leave is essential. I support the bill passed by the City Council to guarantee paid sick leave at businesses with 20 or more employees and support expanding it.



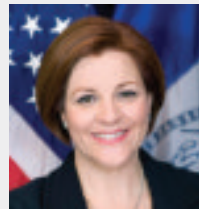
Bill de Blasio (D)

I was a leader in the fight to pass legislation to give New Yorkers paid sick days and a living wage. While both bills were watered down in the City Council as a result of special interest pressure, I'm continuing to press for strong laws to protect more New Yorkers.



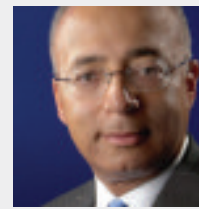
John Liu (D)

Paid sick leave should be expanded to employees in manufacturing and for smaller businesses. Manufacturing workers, like all other workers, should not have to go to work when they are sick.



Christine Quinn (D)

As mayor I will monitor the effects of this bill with an eye toward finding ways to help more New Yorkers find job security and enjoy the benefits of the middle class while helping small businesses flourish.



Bill Thompson (D)

I supported the Paid Sick Leave Act and as Mayor I will work vigorously toward enforcing it. Providing our residents an opportunity to take a paid sick day reflects our collective values of compassion and fairness as a city.



Adolfo Carrión Jr. (I)

Even the most well-intentioned regulations can often have negative unintended consequences. Government should work to help businesses thrive and expand so that they can hire more workers and ultimately provide more revenue to the city.

With a growing number of New Yorkers—now more than one in five—living in poverty, what would you do to tackle this problem?

POVERTY



Sal Albanese (D)

The most effective way to address the systemic poverty affecting New Yorkers is to focus on the roots of the problem: inequality in income and education. I will fight to increase wages and revolutionize our approach to public education.



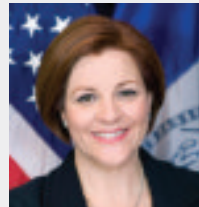
Bill de Blasio (D)

I would undoubtedly keep the Center for Economic Opportunity in my administration and encourage expanding the number of projects that the center assesses, placing emphasis on education projects.



John Liu (D)

I would encourage small business growth and fairer taxes to help reduce poverty.



Christine Quinn (D)

The best weapon against poverty is education. I recently unveiled a four-part plan to improve our public schools and lower the achievement gap for students. I'll also continue my focus on job training and helping New Yorkers seeking a GED.



Bill Thompson (D)

The CEO has produced substantial studies. That said, the Bloomberg administration has not moved quickly enough to address poverty as a citywide issue. I have outlined an aggressive and holistic platform focused on hunger elimination and education/training.



Adolfo Carrión Jr. (I)

While we must remain committed to a strong social safety net, my emphasis is on improving public education with a focus on strong civic education, job readiness, and college readiness. The best way to alleviate poverty is through work and the best social program is a job.

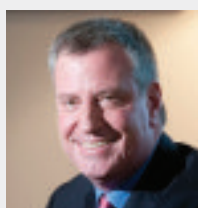
What is your position on the stop and frisk policing tactics used in the Bloomberg years?

POLICING



Sal Albanese (D)

We live in the United States of America, and our constitution clearly states that nobody should be subjected to a search without probable cause. We need to reform stop and frisk to focus on quality stops, not meeting quotas. I have a plan to do just that.



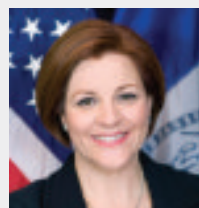
Bill de Blasio (D)

While stop and frisk is a valid policing tool, its current over-use undermines its effectiveness and creates rifts between communities and police.



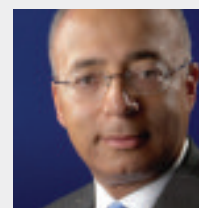
John Liu (D)

We must eliminate "Stop and Frisk" to help the NYPD do a better job with communities.



Christine Quinn (D)

The present stop and frisk practice needs reform and the current level of stops is unacceptable. At my request, the NYPD has taken steps to improve training, monitoring, and protocols. Although we've seen some results, more needs to be done.



Bill Thompson (D)

The Bloomberg administration has misused stop-and-frisk and unfairly targeted innocent black and Latino youth. We will end the quota system the moment I am sworn in as mayor. I want a city that is safe for all New Yorkers, but I will not tolerate injustice.



Adolfo Carrión Jr. (I)

The policy needs to be improved to include stop-question-frisk if necessary-respect. Respect of the civil liberties of all New Yorkers must always be maintained.

What is your top educational priority? What would you do to dramatically improve educational outcomes, particularly for low-income children?



Sal Albanese (D)

The foundation of my educational policy will be early intervention. We now know that there is a strong correlation between poverty and learning difficulty. I plan to address this in part by establishing pediatric wellness centers throughout the city.



Bill de Blasio (D)

Our children need to start earlier and learn longer. Last fall, I announced a plan that would provide truly Universal Pre-K to all 4 year olds and provide quality after school programs for all middle school children.



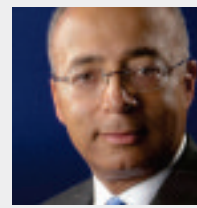
John Liu (D)

We need to do a better job of preparing our children to graduate from college.



Christine Quinn (D)

Our system must work for all students, focusing on all a child needs. I will work to create strong literacy programs; bring community schools to each neighborhood; lengthen school hours; and improve teacher quality with mentor teachers.



Bill Thompson (D)

Education is the key to ending poverty, reducing crime, and creating a city that is fair to all. I want to move away from the current system of teaching children to prepare for tests, instead focusing on more important critical-thinking skills.



Adolfo Carrión Jr. (I)

I am focused on attracting, retaining, and rewarding the best teachers; implementing a curriculum that meets the needs of the 21st century economy; and ensuring that our public education system is constantly improving itself through managed competition.

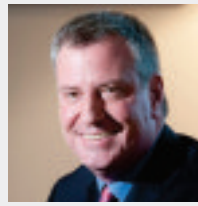
SCHOOLS

How would you expand opportunities for black and Latino students to attend the city's top selective public high schools and CUNY four-year colleges?



Sal Albanese (D)

Early intervention, a commitment to diversity in all schools, and an affordable post-secondary education will all be essential in expanding opportunities for black and Latino students.



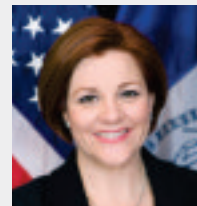
Bill de Blasio (D)

The recent shift at CUNY colleges with fewer Black and Latino students enrolled is unacceptable and as Mayor, my administration would take on issues of preparation, access and equity in New York City's high schools and higher learning institutions.



John Liu (D)

Top students from all city public schools should be allowed to go to the top selective high schools.



Christine Quinn (D)

Most specialized high schools don't base admission on a single test, but they maintain rigorous standards and allow for diversity; New York needs to follow suit. We need to increase access to G&T programs so all students may access top schools.



Bill Thompson (D)

I will implement universal pre-K and provide our black and Latino students with more classroom instruction and smaller classrooms. I will also implement an outreach program to provide communities with ample information on the city's resources.



Adolfo Carrión Jr. (I)

I would develop a low interest loan/scholarship style program, pegged to income, where it ranges from free to modest.

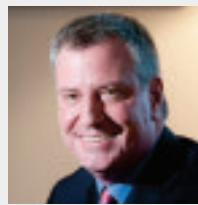
EDUCATIONAL OPPORTUNITY

What can be done to increase the supply of housing affordable to workers in the bottom third of wage-earners?



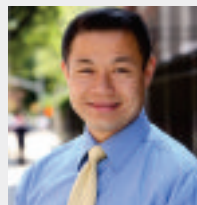
Sal Albanese (D)

We need to work with developers to ensure new projects include more than 20/80 affordable housing. We need to hold developers accountable to building housing promptly. And we need to take a creative approach to building new housing on city land.



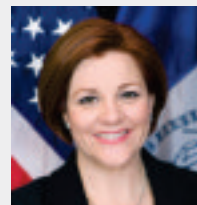
Bill de Blasio (D)

We need a more aggressive strategy that recognizes the market is not going to deliver the units middle class and working New Yorkers need.



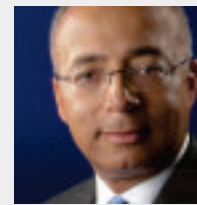
John Liu (D)

We can stimulate the construction of affordable housing by rezoning some areas to allow developers who provide affordable housing to build higher density buildings.



Christine Quinn (D)

Build on my record of creating and preserving more than 14,000 affordable apartments with zoning and subsidy; pursue innovative programs like my HARP initiative; target bad landlords to keep housing livable; protect homeowners facing foreclosure.



Bill Thompson (D)

The lack of affordable housing in the city is a crisis of epic proportions. I will make the city affordable to all people by creating and preserving 120,000 units of housing over 8 years. I'll also change our rent laws and rehabilitate NYCHA.



Adolfo Carrión Jr. (I)

As Mayor, I will use the same template that led to the Bronx turnaround, a template that focused equally on community benefits for local residents and realistic profits for those developers who ultimately build the housing units this city needs.

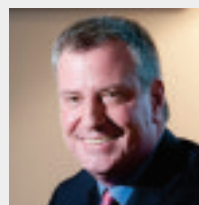
AFFORDABLE HOUSING

\$100 million in federal funds is now diverted annually from NYCHA's budget to other city agencies. What is your position on continuing this arrangement? What steps would you take to improve public housing?



Sal Albanese (D)

I am opposed to continuing an arrangement that starves NYCHA of the funding it needs. NYCHA was underfunded before funds began being diverted. The result has been a huge backlog of more than 400,000 repairs.



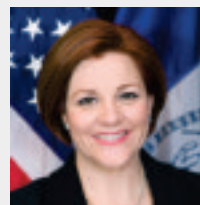
Bill de Blasio (D)

As Mayor, I would take responsibility for the housing authority and prioritize the health and safety repairs that are plaguing NYCHA tenants.



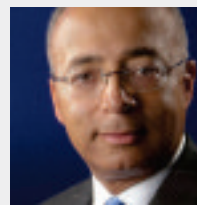
John Liu (D)

NYCHA needs a detailed plan on how to spend millions in federal public housing repair dollars.



Christine Quinn (D)

I would look to end this arrangement and expand a \$10 million rapid repair program the Council created last year; hire a NYCHA chair with experience in public housing and finance; and make major, specific changes to NYCHA's accountability structure.



Bill Thompson (D)

We will end the more than \$100 million charge paid by NYCHA for police and sanitation: No other neighborhood in the city pays for police protection. Neither should NYCHA residents.



Adolfo Carrión Jr. (I)

Government must stop misappropriating funds. It is not sustainable and it is not ethical. As Mayor, I would work diligently to ensure that funds are directed where they were intended to go, plain and simple.

What would be your top health priorities? What are your views on the city's strong efforts to reduce obesity and smoking?



Sal Albanese (D)

I pioneered anti-smoking legislation as a City Council member, eliminating tobacco vending machines, banning looseys, and banning smoking in the City Council chamber. I fully support the city's efforts to reduce obesity and smoking and would expand on them as Mayor.



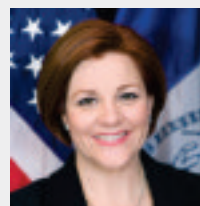
Bill de Blasio (D)

As Mayor, I would continue fighting to keep community hospitals open, as well as create at least 16 new health clinics in communities of highest need. These steps would help prioritize preventative care and address the health disparities between low-income and wealthy New Yorkers.



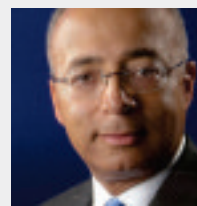
John Liu (D)

A top priority will be to close the health care disparity among minorities and women in New York.



Christine Quinn (D)

My top health priority is to give New Yorkers the options they need to remain in good health and to address the root causes of poor health and disease before they become significant. New Yorkers should have increased access to nutritious food and primary care, and be encouraged to make use of both.



Bill Thompson (D)

I will reduce obesity and smoking patterns by making sure that all New Yorkers receive education on their health, are provided more access to quality healthcare, and have the chance to live an altogether healthier lifestyle.



Adolfo Carrión Jr. (I)

As Mayor, I will expand an already aggressive effort to address obesity, heart disease, smoking cessation, domestic violence, and every other public health and wellness issue.

NOW YOU'VE HEARD FROM THE CANDIDATES. VOTE ON SEPTEMBER 10.

Questions about this guide? Visit www.cssny.org/vote2013 to learn more and to see the candidates' complete answers to our extended questionnaire. Find out more about New York City elections, candidates, and polling locations at the Board of Elections. www.vote.nyc.ny.us

**Community
Service
Society** Fighting Poverty
Strengthening
New York

The Community Service Society of New York (CSS) is an informed, independent, and unwavering voice for positive action on behalf of more than 3 million low-income New Yorkers. CSS draws on a 170-year history of excellence in addressing the root causes of economic disparity through research, advocacy, litigation, and innovative program models that strengthen and benefit all New Yorkers. www.cssny.org

**THE UNHEARD THIRD
VOTE 2013**

The Unheard Third Vote: 2013 Election Initiatives. During the 2013 election season, CSS has sponsored public candidate forums, issued an online voter guide, and widely disseminated the findings of The Unheard Third, our annual survey of low-income New Yorkers. These efforts are intended to raise the visibility of issues of concern to our constituents, and to put the mayoral candidates on record with their plans to help low-income New Yorkers and the working poor. www.cssny.org/vote2013

The candidates on the issues

Health care.



Christine Quinn, City Council Speaker

Combat childhood obesity with higher nutritional standards for food aimed at children and more physical education; eliminate co-pays for prescription drugs treating chronic disease.



Bill de Blasio, Public Advocate

Maximize awareness and enrollment for New Yorkers eligible under the Affordable Care Act; support older community hospitals; fight the nursing shortage by investing in training more nurses in New York; ban condoms as evidence in prostitution cases.



Bill Thompson, former City Comptroller

Lower HIV infection rates and ensure access to treatment, particularly in the city's most vulnerable communities; reduce asthma rates in children; assign a full-time nurse to every public school; reduce smoking rates.



Anthony Weiner, former Congressman

Create a single payer program like Medicare for the uninsured; fight asthma in the city's worst-hit communities, provide paid maternity leave for city employees, allow transgender people to update identification documents to reflect preferred gender.



John Liu, City Comptroller

Continue Mayor Michael Bloomberg's policy to distribute birth control in schools; monitor the Health and Hospitals Corporation to ensure its resources reach NYC's vulnerable communities.



Joe Lhota, former MTA Chairman

"When it comes to employee collective bargaining agreements, I have said, it is very important that New York City workers pay and begin the process of paying for their healthcare."



John Catsimatidis, head of Gristedes

Repeal large soda ban, but require nutrition course in all public schools.

Education.

Christine Quinn

Extend the school day; de-emphasize standardized tests; implement a red alert system for struggling schools; create a mentor teacher program.

Bill de Blasio

Tax NYC residents earning more than \$500,000 to fund universal pre-kindergarten.

Bill Thompson

Appoint teacher as new schools' Chancellor; expand pre-kindergarten city wide; expand tech education programs; give all NYC students with minimum B average a free year at all CUNY colleges; place moratorium on school closures.

Anthony Weiner

Offer incentives to skilled teachers who take tougher assignments; invest in Kindles and e-Books; foster multilingualism.

John Liu

Reduce the number of charter schools in the city; end system of grading schools.

Joe Lhota

Support choice and increase the number of charter schools; close low-performing schools; performance-based pay for teachers.

John Catsimatidis

More emphasis on charter schools; expanded tutoring for elite school exam prep; support for grading schools.

Policing.

Christine Quinn

Support independent inspector general tasked with monitoring NYPD; eliminate hate crimes; increase police patrols.

Bill de Blasio

Pass legislation banning racial profiling; reform stop-and-frisk; replace Commissioner Ray Kelly; support creation of independent inspector general to monitor NYPD and report to mayor.

Bill Thompson

Appoint new NYPD commissioner; eliminate quotas assigned to officers; end racial profiling; put 2,000 more officers on the streets; issue emergency alerts in more languages.

Anthony Weiner

Does not support inspector general for NYPD; replace Commissioner Ray Kelly; reform stop-and-frisk by requiring cops to wear cameras.

John Liu

Repeal stop-and-frisk completely; no need for an independent monitor; replace Commissioner Ray Kelly.

Joe Lhota

Continue constitutional stop-and-frisks but boost officer training and increase transparency; retain Ray Kelly as commissioner; support universal background checks on owning firearms.

John Catsimatidis

Put a police officer in every housing project; continue stop-and-frisk policy; oppose the establishment of an independent monitor; keep Commissioner Ray Kelly.

Lighter and brighter,



Jason Wu presented pretty, polished looks to a star-studded crowd. / GETTY IMAGES



Creatures of the Wind / GETTY

DAY 1

Noon: Creatures of the Wind

You know what's so last season? Being late to a show. Chalk it up to first-day excitement, but the fashion pack is surprisingly seated way before Creatures of the Wind is set to start. Though one front-row fixture is visibly missing: Anna Wintour. The *Vogue* editor-in-chief championed designers Shane Gabier and Chris Peters in seasons past, and is now noticeably absent as the quirky duo presents a strong lineup that not only shows off their wild creativity but also takes into account their need to actually sell the clothes. They focused on polished, wearable looks: chic, fitted dresses with sexy sheer backs, color-blocked coats and full skirts with distressed floral embroidery. But their techy materials (futuristic mesh fabrics and sparkly lamé) paired with slightly retro silhouettes (Peter Pan collars and boxy western shirts) wink at a girl who is far from ordinary. **TINA CHADHA**



Costello Tagliapietra / GETTY

3:15 p.m. Costello Tagliapietra

There's a preponderance of Jeffrey Costello and Robert Tagliapietra look-alikes — that is, burly guys in woolly beards and lumberjack shirts — sitting in the section across from me. It's as if the designers behind Costello Tagliapietra sent out a memo that the rest of us missed out on. The models seem to be in on it, though. Plaid graphics feature heavily in this collection, which is looking like a departure from the draped, fluid dresses and skirts that the duo usually turns out every season. In theory, I like that they've taken a creative risk by giving their reliable formula a rest. After all, how many ways can two guys reinterpret the jersey, bias-cut dress? But maybe tailoring is not the best place for them to go. Something about the jackets, skirts and trouser suits looked dull and awkward, bunching up around the body rather than falling naturally as the models walked. Even the cardigans, with their slits up



Honor / GETTY IMAGES

the back, seemed forced and self-conscious. **KENYA HUNT**

4 p.m. Honor

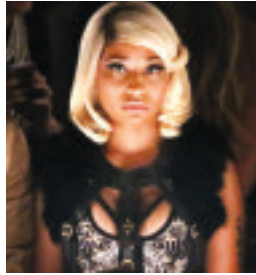
How sweet! There are bottles of Badoit sparkling water on our seats as we file into Honor. But glass bottles in tight spaces where women carry overstuffed handbags? Not the greatest idea. Every few minutes — splat — someone knocks one down. As I type this entry out on my phone, a crew is blotting the floor with rolls of paper towels minutes before the models have to walk out. I also spot a very blond Zoe Kazan in one of those voluminous dresses by the brand. But before I can tell who she's with, cicadas, crickets and other woodsy sounds hush the crowd. The show is starting. Thanks to the eerie classical music that follows, the clothes instantly draw to mind Hitchcock heroines. Only Giovanna Randall's mysterious babes wear buttoned-up crop tops and to-the-knee skirts in irresistible floral prints, and flirty short suits with laser-cut florals.

FW breezes into town

Seen in the front row



Kayne West
at Alexander Wang



Nicki Minaj
at Herve Leger by Max Azria



Alicia Keys and Anna Wintour
at Jason Wu



Tyson Chandler
at Suno

While the feminine day-wear feels fresh and exciting, the second half of the show — full-length gowns with pointed collars, prairie ruffles and wood grain prints — is a little too theme-y. Still, there's a lot to love in this show, from the styling (models wear chic cat-eye glasses and adorable side ponytails) to the diverse lineup of faces on the runway, to the unusually sunny finale: The models happily skip down the runway, hand-in-hand.

TINA CHADHA

DAY 2

10 a.m. Jason Wu

I'm only two blocks away from Jason Wu's show, but traffic is moving at a snail's pace thanks to a stream of burly, black SUVs carrying editors to the venue and a gang of bloggers

spilling out into traffic to shoot one of the street-style peacocks. Inside, bona fide celebrities like Alicia Keys and Maria Sharapova stoke a different set of paparazzi. The clothes that come down the runway shortly afterward seem designed to move easily into the closets of women of a certain kind: celebrities who want to look fashionable without taking too many risks, jet-setters looking to update their wardrobes for expensive, warm weather trips. These easy, bias-cut dresses and loungy separates feel more grown-up and wearable than the more youthful, vampy edge Wu gave us last season. The clothes are pretty, and beautifully made. But it's all a little too polished, and, frankly, slightly benign — I honestly struggle to remember what I've just looked at. And that's never happened at a Jason Wu show before.

KENYA HUNT

10:15 a.m. Peter Som

Forget coffee — Peter Som jolts our senses by pushing his polished lady into tougher territory. And the slightly edgier approach is working. Every editor in the room is sitting at attention, swooning over the confident looks mixing masculine and feminine that are strolling down the runway. Tomboyish jackets such as motos and bombers are done in refined tweed; sporty neoprene sweatshirts pair with silk skirts; even dainty eyelet gets a makeover. How do you give eyelet street cred? By coating it in sleek, glossy lacquer, of course. Everyone seems to be mentally jotting down (or live tweeting) their shopping lists. Mine definitely includes the painfully cool cheetah-print oxfords Som created with Christian Louboutin. Not to mention one of the many crop tops (yup — half shirts aren't

going anywhere). **TINA CHADHA**

11:25 a.m. FW Swag

Fashion Week is turning into swag week, and the most random things are being distributed, including electronic cigarettes and tacky, crystal-encrusted sunglasses. Don't these companies know that unless it's a green juice, fashion people are going to keep it moving?

TINA CHADHA

11:35 a.m. Jenni Kayne

The Jenni Kayne collection is the opposite of the crystal sunglasses happening outside. She's showing a tightly edited selection of minimal classics that look both office-appropriate and relaxed at the same time, including a smart jumpsuit with a plunging neckline in white and a preppy navy blazer. **TINA CHADHA**



Peter Som woke us right up with edgy looks. / DAN AND CORINA LECCA

Trending now: Soft pink dresses and bright orange pouts



Creatures of the Wind / GETTY



Lacoste / GETTY IMAGES



Prabal Gurung / GETTY IMAGES



Rag & Bone / GETTY IMAGES



Prabal Gurung / GETTY IMAGES



Altuzarra / GETTY IMAGES

Behind the scenes and



MISHA NONOO

We talk with the CFDA/Vogue Fashion Fund finalist before her big runway debut.

5-MINUTE CHAT

It's your first runway show — have you practiced your bow?
[Laughs] I haven't thought about it yet! But I'm sure inspiration will come to me at the eleventh hour, as I step out there. I'll just be myself.

What's your inspiration for spring?

It's really a mix. It's about the duality of femininity, and the idea of bringing femininity out of the darkness and into the light. And this idea that as a woman now you no longer have to dress like a man to run with them in terms of careers. I think for so long there's been this stereotype that a powerful woman needs to dress like a powerful man would. I took that idea and turned it on its head.

Describe your design aesthetic.

It's this idea of bringing this noble British aesthetic — this composed, poised look that I think is inherently British — to clothing. I'm inspired by historical figures or great artists — generally there's a cultural touchstone. There's a femininity to what I do as well.

How would you like to see your brand grow?

It sounds cliché to say "a lifestyle brand," but I would love for it to expand into many different parts of lifestyle that I really enjoy, from home to beauty.

You must have some good survival tips for this week.

I really have to focus a great deal. I exist on very little sleep. Every day I wake up and I make myself a green juice and take oodles of vitamins.

TINA CHADHA

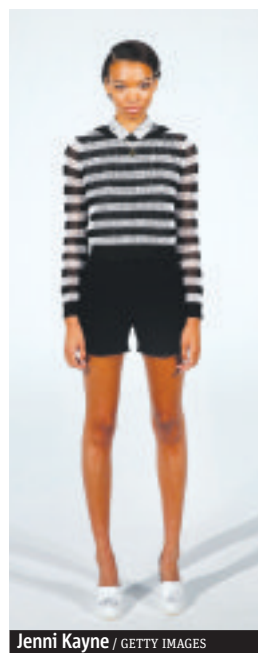
4:10 p.m. Street style

The street style spectacle outside of the shows is out of control. You literally can't walk down Ninth or 10th Avenue without either getting bombarded by photographers — or worse, not getting bombarded by them. It's making the walk a painfully self-conscious process. I spot a girl in stilettos and hot pants! Her derriere is hanging out for people to Instagram. Why would her friends let this happen? **TINA CHADHA**

4:15 p.m. Nonoo

Misha Nonoo's set for her first runway show resembles a quaint English garden complete with hedges and pretty pink roses. The CFDA/Vogue Fashion Fund finalist took inspiration from artist Gerhard Richter's layered squeegee series for the dreamy, streak-like prints on softly tailored trousers and flouncy silk skirts. A delicate yet cheery color palette — spearmint green, faint lavender and vibrant yellow — adds to the carefree femininity of it all. **TINA CHADHA**

4:15 p.m. Rag & Bone



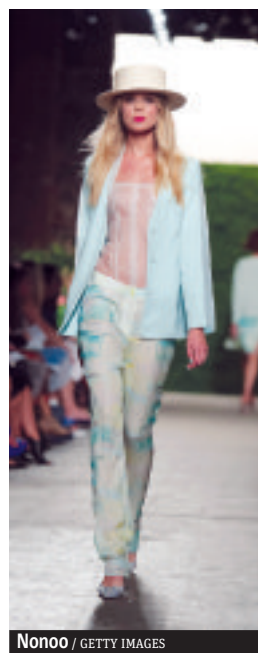
Jenni Kayne / GETTY IMAGES

The audience at the Rag & Bone show makes me wonder if I've been transported back to 1994. I'm sensing a strong '90s moment on the runway, too. But it's less Courtney Love, more Obsession-era Kate Moss — and sexier, which is a new direction for David Neville and Marcus Wainwright, who have built their brand on a foundation of mannish tailoring. Not surprisingly, their minimalist slips work best when styled with tomboyish pieces such as a simple, pale moto jacket or a monochromatic, deep v-neck sweater. (These are the guys who perfected that perennially popular formula of mixing boyfriend staples with girly-girl elements.) Actually, the most memorable pieces here are the simplest: a sexy white halter top worn under a pair of polished, streamlined overalls, and an A-line leather wrap skirt styled with a crisp white short-sleeve polo shirt.

KENYA HUNT

6:30 p.m. Tome

Jenna Lyons is onstage touching the models' dresses, examining them up close and nodding her head in approval. Meanwhile, the rest of us in the audience, which includes power editors and buyers, jostle for a



Nonoo / GETTY IMAGES



The '90s were in at Rag & Bone / GETTY IMAGES

better look at Tome's spring collection in a crowded, tiny theater. It's an impressive turnout for designers Ryan Lobo and Ramon Martin, who are relatively new but becoming increasingly known, thanks to their CFDA/Vogue Fashion Fund nomination. The collection seems to be made of two parts. The first is a series of wispy, delicate, pretty little silk and lace looks in white, with some stellar options for brides on the hunt for something unaffected and cool. The second group consists of more robust separates, outerwear and dresses in voluminous shapes, which would make some really artful additions to a work wardrobe. It's all enough to reduce this fashion critic to a giddy shopper. **KENYA HUNT**

8:05 p.m. Suno

It's pretty safe to assume that white will be trending big for spring/summer. Even Suno, a brand that's known for in-your-face colors and prints, opened its show with a crisp cotton blouse and skirt in the non-color. But the boldly colored African patterns are what really stand out in this show. **KENYA HUNT**



on the runway at FW



Prabal Gurung and Suno,
right / GETTY IMAGES

DAY 3

12:25 p.m.
Prabal Gurung

Attendees are chatting away, waiting for the house lights to dim, signaling the start of the show — when the models catch us by surprise. Kenya and I are so busy catching up that we don't even notice the girls in vibrant, satiny pastels filing onto the runway. They stand behind a plastic curtain that separates them from the audience and messes up our Instagram game. Then, one by one, they exit the plastic veil to walk the runway. The staging is beautiful and striking. His poplin blouses and bombers feature bold,



Tome / GETTY IMAGES



Rebecca Taylor / GETTY IMAGES

rounded shoulders, while his satin dresses are hand-draped, some with cascading ruffles. Meanwhile, the '50s-flavored pencil skirts, wiggle dresses and a sexy rose-colored strapless number instantly make me think of Marilyn Monroe, who appears on Gurung's inspiration board. The vintage silhouettes are juxtaposed with modern flourishes — PVC layered hems, mesh backs, digital printing — in this dazzling take on retro glamour through a futuristic lens. **TINA CHADHA**

1:20 p.m.
Rebecca Taylor

Who ever thought we'd be turning to Rebecca Taylor for edgy sportswear? The New Zealand designer is one of my favorites for strappy

sundresses and feminine camis, but today she's officially shedding that girly reputation. Sure, we've seen hints of it the last few seasons, but now models are whizzing by in cool looks fit for the downtown pack: perforated leather bombers, skirts with zippers going down the sides and racer-stripe trousers. **TINA CHADHA**

5:05 p.m.
Alexander Wang pre-show

The atmosphere inside Alexander Wang's show is invigorating. Nothing gets the blood going like a bumping pre-show soundtrack of Kendrick Lamar and Major Lazer. Maybe more designers should pay more attention to their pre-show music, because Wang's consistently creates levity and sets a positive tone. Who wants a bunch of cranky editors reviewing his show?

KENYA HUNT

5:20 p.m.

The show still hasn't started, but no one seems to mind, thanks to attendees Kerry Washington, Tyson Chandler, Kendrick Lamar and Courtney Love, who keep most of us busy people-watching. Kanye West strolls in a few minutes later and the venue's stagehands remove the plastic from the runway so that the show can begin. The studied elegance and Balenciaga references from last season are gone, and frankly, I miss them. Instead, they've been replaced by some great spring coats and the tiniest pleated skirts and shorts. The problems begin with the Alexander Wang logos, which are everywhere to the point of distraction. It's as if he pulled a page from the book of Karl Lagerfeld and dialed it to #TURNUP. But I'm sure the branded pieces will surface in street-style photo galleries on the bony shoulders of his loyal models off-duty. **KENYA HUNT**



ERIN WASSON

We caught up with the model at Vevo and Style Network's "Styled to Rock" party to find out about her runway outing at Alexander Wang and her fall wish list.

IN THE MOMENT

What are you looking forward to wearing this fall?

I love outerwear. I love a good jacket. I love a good boot. It's a time where you get to personify fashion because you get to create more layers.

What's on your fall shopping list?

I just moved into a new house four months ago, so I'm obsessed with interior design right now. I geek out about lighting fixtures.

Do you plan your outfits for Fashion Week?

I don't plan. With fashion it's a feeling. [Some days] I feel like I'm just going to wear my sweatpants. Or you know what? F— it. I feel like putting on something fancy. Everything is of the moment. That's what fashion is about. It's about the moment.

You're walking the Alexander Wang show.

It's not the norm. We worked with each other in a very different template. I was styling the

show for many years but never walked.

How do you feel about it?

First of all, Alex is such a friend. It's an interesting thing. I went from going and driving in the backseat with him to driving in the front seat. But it's also a matter of respect to be able to transcend lines. And to be able to be someone that styled his models at one point and now to be the model that walks his show. Maybe that's a contradiction. And maybe that's what excites me about it.

What else are you looking forward to this week?

I think the most important part of this week is that worlds collide, man. You got art. You got music. You got fashion. It's all one of the same. We live in a world where our worlds get to be. There are no definitive lines and edges any longer. We all get to f—ing hold hands. It's rad.

MAJA LUNDAGER

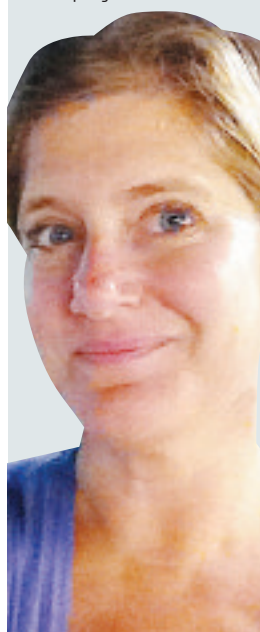
Alexander Wang
GETTY IMAGES

No Insurance Necessary

KIM SCHNEIDERMAN, MSW, LCSW

NOVEL-PERSPECTIVE.COM

Kim Schneiderman's book "Step Out of Your Story: Writing Exercises to Reframe and Transform Your Life," is due to be published in the spring.



I've been seeing a therapist for a year. While I know that I'm supposed to figure out the answers to some of my problems, I'm unsure if I can find those answers myself. Isn't that why people go to therapy in the first place? I feel like I leave with the same problems.

When I read your question, I couldn't help but laugh to myself. Not because it's a silly question — it's actually a rather common one — but because, as a psychotherapist who's been on both sides of the couch, I can relate.

As you may or may not know, many therapists see therapists themselves. In fact, we're encouraged to do so because it helps prevent our own baggage from getting mixed in with yours (yes, therapists are people too, and occasionally we have issues of our own). Anyway, sometimes I really, really want my therapist to tell me what



Your therapist is there to help you see yourself more clearly — not necessarily to dole out advice. / WAVEBREAK MEDIA

to do, especially if I'm confused, and the thing that I'm confused about could have big consequences. I would much prefer to be absolved from the responsibility of having to make a tough choice that screws up my life or, at least, that I fear will screw up my life, which isn't the same thing.

When I'm in these foggy places, I often turn to my therapist and say, "Why can't you just tell me what to do?" She just smiles. She knows I know why. She doesn't have "the answer." And even if she did, I wouldn't have believed her. I had to learn it for myself.

A therapist's job is not necessarily to offer advice, even though some of us occasionally do, with careful considerations

and caveats, under certain circumstances — for instance, an advice column. Our job is to reflect back what we see, hear and feel; to use our understanding of the human psyche to ask thoughtful questions that help you see yourself more clearly; and to be a compassionate witness to your dance with the human condition. Even if we did point you in a particular direction, that would just be our opinion. If we were wrong, you'd blame us. If we were right, you would never feel completely able to own the strength and self-assurance that comes with making a tough choice. I recently resisted my temptation to offer my opinion about a decision a client had to make and helped her find it for herself, which was

far more powerful.

That being said, here's my advice (ha, ha). If you're feeling like you're spinning your wheels, tell your therapist. Perhaps the two of you can explore what is getting in the way of being able to hear the soft inner voice that whispers your truth. Some Gestalt techniques (ask your therapist) can be especially helpful for making decisions. Meditation and a lesser-known process known as Focusing, which helps tune into thoughts and feelings based on bodily sensations, are also great ways to gain clarity.

Also, be patient with yourself. Therapy is not an exact science, and untangling the webs of thoughts and feelings we experience from day to day, especially in wounded places, takes time. I hope you and your therapist can figure out what knots and loose strands are getting in the way. And when all else fails, sit quietly and really listen to yourself.

— *This column isn't intended to be used as a substitute for a private consultation with a mental health professional, nor is this therapist to be held liable for any actions taken as a result of this column. If you have any concerns related to this column, make an appointment with a licensed mental health professional. Metro does not endorse the opinions of the author.*

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On the Run

JIM CARROLL

Jim Carroll has been a New Yorker for more than 15 years but is about to experience one of the most quintessential New York experiences for the first time: the ING NYC Marathon. Join him each week on his journey to the finish line on Nov. 3



THE HILLS ARE ALIVE WITH THE SOUND OF — NOTHING?

When I run, I listen to everything from Bob Dylan to Beethoven. It helps me block out the pain, the thoughts of "What the hell am I doing?" and the potential of hearing my last dying breath escape my withering body. So, when a running friend of mine strongly suggested I not listen to anything when running the marathon, I got a bit nervous.

I've always listened to music while running, and as my distances got longer, I started adding audio books. Up till then I saw audio books as lazy. But, I figure I offset the lazy aspect by the fact that I'm running. I've heard other runners admit they also listen to audio books — do in a hushed voice,



because in some snobby running circles, runners who run with headphones aren't looked upon as "real runners."

Those snobs would faint if they knew that my listening options don't stop at just music and audio books. I also have inspirational speeches on

my iPod by people like Winston Churchill, which have helped me through some tough races. When Churchill's speech comes on, I'm not just running in the Snowflake 5K — I'm running for forces of good that shall save humanity from the dark and corrupt elements of evil.

When I recently told a runner pal that I have some inspirational speeches on my iPod, she looked at me with horror, followed by confusion, then pity, as if she just witnessed a puppy being shot out of a canon. I guess I should've kept this information private, but I thought everyone had the speech from "Miracle on Ice" on their iPod.

I have already run a couple of races without headphones, and I have to admit, it is pretty cool. The sound of other runners' feet, my own breathing and the cheers of the crowd make me feel like I'm connecting to something bigger. So, I guess on Nov. 3, I'll leave the headphones at home.



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LAUREN BUSH LAUREN

The niece of George W. Bush has partnered for a second year with Women's Health in RUN 10 FEED 10.

RUNNING WILD

PROVIDED

Lauren Bush Lauren has two famous last names, but she isn't riding on their coattails. The model and designer (who married Ralph Lauren's son David

in 2011) is the founder of the FEED Foundation, which makes those ubiquitous canvas bags to raise money for hunger. Next Sunday, Bush Lauren will

for the second time lace up her sneakers for the RUN 10 FEED 10 10K run with Women's Health magazine, which will donate 10 meals to hungry New Yorkers for every person registered. We spoke with Bush Lauren about her mission.

How does someone's registration fee feed the hungry?

The FEED Foundation finds local partners: local food banks and soup kitchens. And we give

grant money. So you are essentially running to give meals within the city you live in and are running in. Whether you just want to register and run, that's totally fine, but our hope is that people will go onto Crowdrise, a really easy, fun, crowd fundraising site, and fundraise even further. The only way we will be able to get to [our two] million meal goal is if people go that extra step.

We might think of hunger as an international problem. But why is it important locally?

Fifty million Americans are food insecure, which is pretty shocking. [That means] at some point

throughout the year they're relying on food stamps, local soup kitchens and food banks to get by. Unfortunately, so many Americans are the working poor. They're working multiple jobs but still can't make ends meet. So it's very necessary that there is a network of food banks throughout the country, mainly under the umbrella of Feeding America, which is the largest domestic hunger organization. By doing the RUN 10 FEED 10 we're supporting something that's so essential for humans: food and nutrition.

Are we closer to solving the problem of hunger?

This is such a big question. I've seen many things that are hopeful and other things that aren't hopeful. But I do think there has to be the political will of government really wanting to solve it. I think a lot of things need to happen to "solve" hunger in America and I think that a lot of people don't even know hunger actually exists in America. So the other thing that I'm really excited about with this run is the awareness we are able to raise — that this is a big issue, here in your backyard.

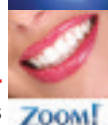


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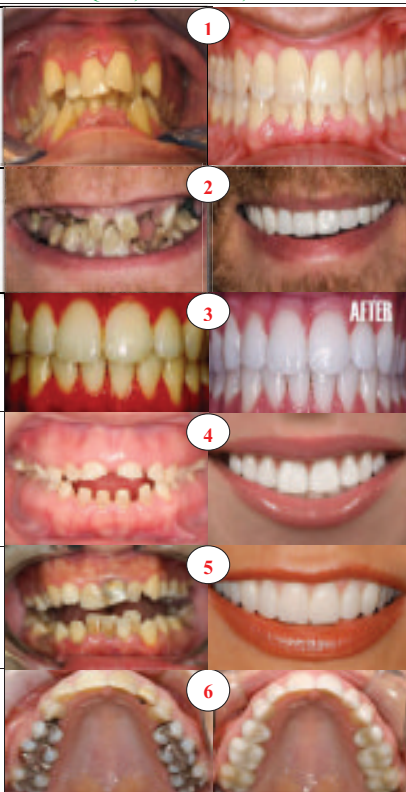
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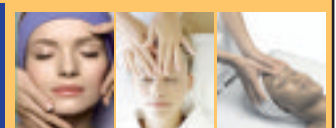
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The Bronx: Students more than statistics

Five problems Garon

would like addressed

- 1 Students' low level of engagement due to post-graduation options other than college
- 2 Low student skill levels resulting from learning differences, language barriers and interrupted former education
- 3 Slashed school budgets
- 4 Insufficient teacher training, recruitment and incentives to stay in school
- 5 Insufficient interventions to help struggling students graduate and learn required skills

Memoir. Teacher Ilana Garon provides insight into the lives, accomplishments and struggles of students.

Ilana Garon lives on the Upper West Side and hops on the 2 train for her daily 40-minute ride to the Bronx, where she teaches at the Christopher Columbus Campus, a large school building that has been transformed into six smaller schools. She has been doing this for 10 years, and her experience has informed her first book, "Why Do Only White People Get Abducted by Aliens?"

"I wanted to give an

insider look of what it is day-to-day to be a student and to be a young teacher in a school like the one that I'm working in," she says. "Too many times we see kids from the Bronx only represented as statistics. I was interested in the story of their lives."

In the book, readers meet bright kids caught up in gangs, pregnant teenage girls and learning-disabled students whose fighting spirits come to life with Garon's humorous perspective.

As she arrives at what her students refer to as "the prison," Garon points out the place where so many of the scenes from her book occurred.

"Look, that's the window one of my students escaped out of after having a fight," she says. "And that's the entrance

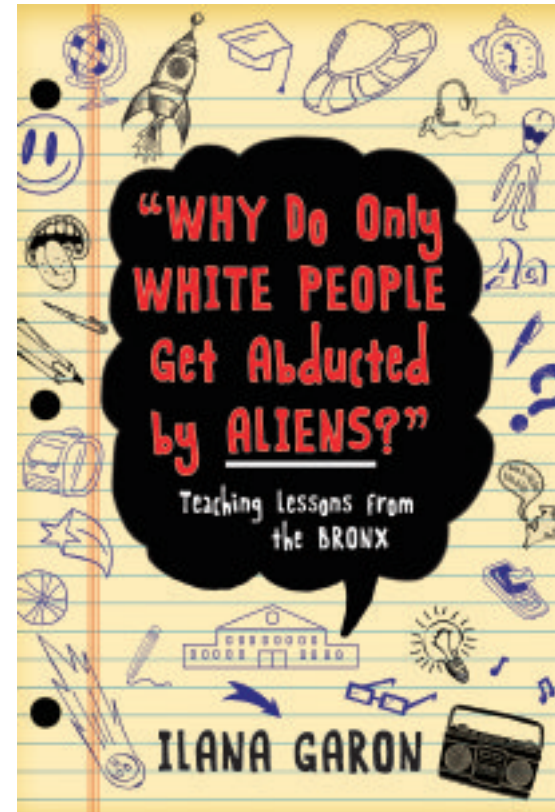
where they have to pass through a metal detector every day."

In life, as in her book, Garon doesn't argue that the metal bars or the metal detectors should be any different; she just notes that it's the reality.

"One of the biggest problems at inner-city schools is poverty," she says. "Kids come without food, eyeglasses [or] books. The reality of what I want to show is that these are students who are struggling in a variety of different situations and the fact that they are able to accomplish the things that they are is amazing considering the difficulties they come from."

Another issue Garon deals with more implicitly in the book is how teachers are perceived.

"Everybody has seen a bad teacher and ev-



everybody has seen a good teacher, which means that everybody thinks that they are totally entitled to critique education," she says. "Nobody

would ever do that with an investment banker."

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Tuition

JPMorgan to stop making student loans

JPMorgan Chase & Co will stop making student loans in October, according to a document reviewed by Reuters last week, after the biggest U.S. bank concluded that competition from federal government programs limits its ability to expand the business.

The company will stop accepting applications for private student loans on Oct. 12, at the end of the peak borrowing season for this school year, according to a memo from the company to colleges.

The move means less competition for remaining players in the market, such as Wells Fargo & Co and Discover Financial Services.

"We just don't see this as a market that we can significantly grow," said Thasunda Duckett, chief executive for auto



College costs money. You won't be able to get that money from JPMorgan anymore. / HEMERA

and student loans at Chase, in an interview on Thursday.

Not making more loans "puts us in a position to redeploy those resources, as well as focus on our No. 1 priority, which is getting the regulatory control environment strengthened," she said.

JPMorgan was ordered by federal regulators in January to strengthen its risk controls and its compliance with anti-money laundering standards after the company came under intense scrutiny following its \$6.2 billion

"London Whale" derivatives loss.

The decision follows the bank's move last year to make education loans available only to existing Chase bank customers. The retail bank has some 64 million customers and 5,657 branches. Last year, Chase made education loans to 12,500 people for a total of about \$200 million.

The company's student loan portfolio at the end of June held \$11 billion — less than 0.5 percent — of JPMorgan's \$2.44 trillion of assets.

REUTERS



"Taking notes with a pen? And reading from actual textbooks? That's so old-school." / THINKSTOCK

Students prefer tablets to textbooks

Report. Numbers show that tablet owners want more options for education.

Google Play.

Among tablet owners over age 13 who use their device at school, Nielsen said 51 percent use it for searching the Internet. Tablet owners at school are also using email (46 percent), reading books (42 percent), taking notes (40 percent) and completing homework assignments (30 percent).

For kids under 11, 78 percent of tablet-owning parents report letting these younger children play with tablets at home. Many of these parents (54 percent) say their kids are using the tablets "for educational purposes."

But even some parents are expressing demand for more educational content. One in five parents who

don't allow their children to play with tablets said they would "if there was more educational content on them."

The data referenced is from Nielsen's quarterly Connected Devices Report, for the first quarter of 2013.

VIGNESH
RAMACHANDRAN FOR
Mashable
The Social Media Guide

By the numbers

71%

Percentage of students who use tablets and want to access textbooks on them, according to a report from Nielsen

With back-to-school season here, kids aren't the only ones leaving the house this fall: Money is also flowing from parents' wallets for pricey textbooks.

A new report from Nielsen found that 71 percent of students who use tablets are interested in accessing textbooks on them. Google is one example of a company listening to this emerging demand. Students can now rent or buy digital textbooks via

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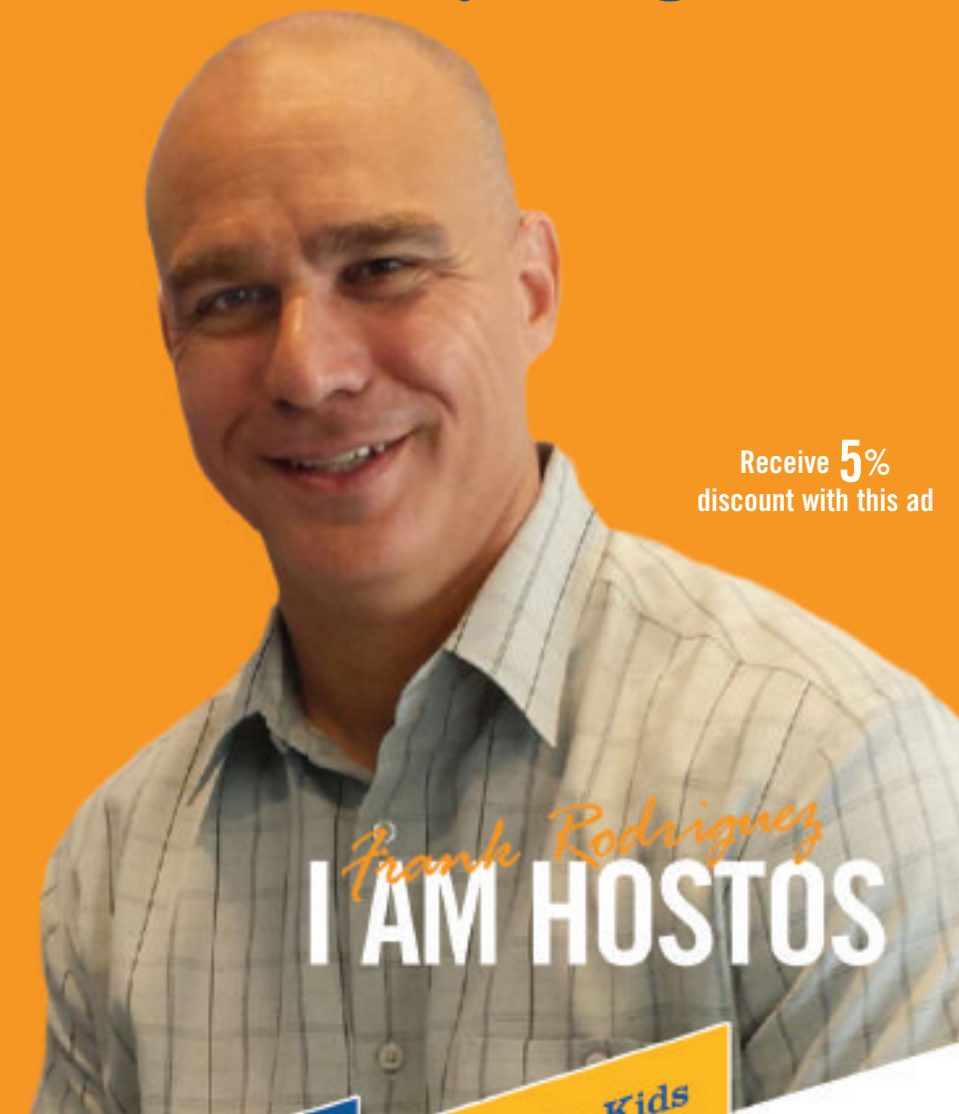
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Landing that job. Your degree isn't unique, but your educational experience is.

Most employers have met hundreds or thousands of people in your field, many of whom possess the same credentials as you do. To make an impact, you need to demonstrate how your education is compatible with the role you're interested in. This reflects your familiarity with the position itself, as well

as your position as a qualified candidate.

You might not have any work experience under your belt, but your educational history is an often-forgotten and incredibly important selling point at your disposal. Just about any post-secondary program will have helped you develop marketable skills that you might not even recognize. Your next task is to communicate that.

Check out these tips to help you sell your education to employers.

Spotlight your education on your résumé

On the first page of your résumé, make sure you have space to list your educational background.

To highlight the unique character of your education, include a brief description of what you learned throughout your program, as well as any extra classes you may have taken that complement the role you're applying for.

List both the hard and soft skills you've learned, or are learning, throughout your program. Be prepared to explain them in further detail.

Make your online presence uniform

Getting your online profile to correspond with your résumé is key. If an employer can't find you online, that doesn't send a good message — particularly if you're applying to a job that involves social media responsibilities.

Too many job-seekers only have the program they graduated from on their profile. This doesn't provide enough detail. Listing the courses you took in addition to listing your program helps employers explore your skills.

Present with confidence

Potential employers will often ask you about your reasons for following a particular educational path. If you interpret this as a criticism, you'll get nervous and freeze up.

Understanding why you're qualified for a job and displaying confidence in your education can be the deciding factor on the job hunt. **MEGHAN GREAVES**

Talentegg.com is a job board and online career resource for college students and recent graduates.

TalentEgg
helping graduate careers

Major good idea

Influence of a minor

This is a great time to make your minor work for you too. A major and minor combination can make for a versatile background, so be sure to note how those two subjects can (and will) work together.

Not just for party pics

Facebook helps

A savvy job-seeker uses each major social media outlet as part of a whole strategy of self-presentation. Make sure your Twitter and Facebook reflect some of the skills and passions you're trying to communicate to an employer.

It's all how you say it

With confidence, you can convince

Make sure you believe what you're saying. It can be hard to display confidence in your skills, but don't feel like you're tricking anyone by showing conviction.

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Job relocation tips from the experts



Pack it up, you're moving for your job. / PHOTOOBJECTS.NET

Faster US job gains expected, may spur Fed to cut stimulus



More jobs are coming into the marketplace! / PHOTOS.COM

Exit strategy.

Looking for a new job in a new city? Here's what to know.

Whether you're striving for a bigger paycheck or just need a change of pace, there are many reasons why people choose to relocate for their careers. But landing a job in a new city is tough, regardless if you have a Rolodex of contacts. Three career experts dish on how to stand out to employers (even with an out-of-state address on your résumé).

While employers may initially be hesitant to hire someone not-local, there are benefits to broadening the applicant pool. "The advantage is bringing someone with fresh ideas and new contacts," says Nicole Williams, career expert for LinkedIn. "It can completely change their business by gaining support from another region."

Worth importing

Three common mistakes

1 Not highlighting why a company should make an exception: "Your job application needs to demonstrate that you are more than just the average employee," says Maggie

Mistal, a career consultant, radio host and speaker.

2 Not explaining upfront why you are considering moving: "Employers are curious as to why someone would be motivated to make such a major life change," says Alexandra Levit, author of the business book "Blind Spots" and career blogger for The Fast Track.

3 Lying on your résumé about your current address: "The employer will eventually find out you lied, which will no doubt cost you the job," says Williams.



Use your resources

Networking tips from the experts

1 Contact your alumni association to see who works at that company or even in the industry, says Mistal.

2 Utilize online resources like LinkedIn. This can help identify target companies, and narrow down your list of potential cities as quickly as possible, says Levit.

Ch-ch-ch-changes

What to say during the interview

Besides doing your interview homework, Mistal recommends highlighting something you're excited to experience or

love about the new location. Also, don't focus on moving logistics until after you get an offer. "Steer the conversation toward the fact that you're up for a change and looking forward to a new challenge," says Williams.

How to stand out

"I'll be in the area"

For a job you really want, let the hiring manager know that you'll "be in the area," and would like to meet. Book a

flight and meet them in person (yes, this means spending money). "Video conferencing and phone interviews can connect people, but nothing replaces a handshake and sit-down," says Williams.

When can you start?

You're hired, now what?

If you're currently employed, Levit suggests starting no earlier than one month from the date of the offer (ideally two months). If you're asked to start sooner, "ask about corporate housing, working remotely or even commuting," says Mistal.

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Horoscope

♏ Virgo | Aug. 23-Sept. 22.
Revisit old plans and people you have done business with in the past. Discussions will lead to agreements.

♎ Libra | Sept. 23-Oct. 22.
Say little and do a lot when it comes to your work or career. You can achieve recognition if you are hard-working. Don't let personal matters interfere.

♏ Scorpio | Oct. 23-Nov. 21.
Know what and what not to share. Your ideas for advancement are sound, but keep them to yourself until they're implemented.

♐ Sagittarius | Nov. 22-Dec. 21.
Your innovative ways will help others, but you must be careful not to let anyone take advantage of you.

♏ Capricorn | Dec. 22-Jan 20.
A partnership will bring new life to an old game. You're in a cycle where nothing can slow you down, so get moving!

♏ Aquarius | Jan. 21-Feb 18.
Bypass anyone trying to stifle your plans or your emotions. An inventive approach will add to your appeal in the workplace or at home.

♏ Pisces | Feb. 19-March 20.
It's a good day for drawing up contracts. If you forge new partnerships, you'll find much success.

♏ Aries | March 21-April 20.
Jump into a challenging situation and show everyone that you have the skills to handle the impossible.

♏ Taurus | April 21-May 21.
You may want to make changes at home, but be careful. Disagreements or carelessness can lead to hurt feelings. Seek advice from all the concerned parties before taking the plunge.

♏ Gemini | May 22-June 20.
Do your own fact-finding. Someone is likely to present you with false information. Be responsible for whatever you choose to do.

♏ Cancer | June 21-July 22.
Check out destinations packed with historic information involving your background.

♏ Leo | July 23-Aug. 22.
Concentrate on changes that will make you feel good about who you are and how you look. Don't let anyone discourage you.

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Sudoku: Easy and hard

5				4	3	8		
	1			7	9			2
	3			6			7	5
7						2	6	
	9	8						3
9	4				2		5	
2				8	6		1	
		5	4	1				7

4			5				3	1
	6				8		5	
	5			1		7	6	
		6				5		
	3		6	2	5		9	
		5				8		
	8	2		3			7	
	4		8				1	
3	9				4			5

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

- Across
- 1 Elev.
4 Swami or fakir
9 Part of GI
13 Island near Java
14 Mythical hunter
15 Novelist -- Seton
16 Put one's foot --
17 Confuse (2 wds.)
18 Cloudburst
19 Beach huts
21 -- up (getting ready)
23 Astronomer's prime time
25 Zip
26 Sundress part
29 Young screecher
31 Smart --
32 Tortoise rival
33 Any minute
37 Ms. Peeples of TV
38 Coast
41 Tackle a slope
42 Connecting w.d.
44 Padded glove
45 Detox, perhaps
47 Cousin's dad
49 Puts off
50 Jeckle, e.g.
53 Ground crew order
55 Clicked "send"
57 Sells at full price
61 Cheery tone
62 Minute amounts

- 64 Opposing votes
65 Eye impolitely
66 From Oslo
67 Hideous monster
68 Koh-i -- diamond
69 Thin porridge
70 Future fish
- Down
- 1 Mandlikova of tennis
2 Smooth-tongued
3 Humongous
4 Respect
5 Dublin folk
6 Put the kibosh on
7 QB -- Flutie
8 Like fruit on the tree
9 Attics
10 Walking --
11 Striving to win
12 Lemony
13 Pen brand
20 Scratches
22 "Wheel of Fortune" buy (2 wds.)
24 Browned
26 Judge's bench
27 Mishmash
28 Crooner -- Martin
30 Legal document
32 Flag down

- 34 Worker's safety org.
35 Approve
36 Robin beaks
39 Acting as host
40 Not on all fours
43 It's between Mars and Saturn
46 -- of Aquitaine
48 Zilch
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Yesterday's answer

Letters

US shouldn't be the UN

I'm tired of watching the rest of the world sit back while the U.S. sacrifices its lives and economy to uphold the standards of humanity. The reason the rest of the world does nothing is because they know we will. The U.S. is not the world's peace-keeping organization — that's what the U.N. was supposed to be. If we continue to be the only country that steps up in times of atrocity, there is no reason for any other country to participate. It's time it put an end to this no-win cycle.

MICHAEL CHIMENTI, VIA EMAIL

Other cultures aren't awful

Re: 'Metro's gone subversive' (Metro, Sept. 6-8) How sad that people are still so racist. The greatest thing about our city, our country, is its diversity. It's a pretty sick leap for someone to suggest that Metro is

a "communist rag" for sporting a Spanish cover. I pray for the ignorant people in our world that think the way this reader does — fortunately, most of us do not share this ugly, racist opinion!

CHRISTINA LAFORGIA, VIA EMAIL

The universal language

So I pick up a Metro the other day and notice that the front page is in Spanish. Perhaps they delivered the wrong edition? I look inside and see that everything else is in English, and there's a BIG BOLD HEADLINE on page 3 with a story explaining what's up with the Spanish-language front page. Oh, I get it: They're making a point about photography as a universal language, that's all! RICHARD NEY, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Giants fumble, throw away victory in Dallas

NFL. Mistakes come back to haunt New York as they fall to the Cowboys in the season opener.

There were two streaks heading into last night's game — the Giants' 4-0 record in the Cowboys' new AT&T Stadium and Dallas' 5-0 regular-season opening record in head-to-head matchups. But for most of the game, it looked like only one team was ready to start the season, as the Cowboys downed the Giants, 36-31.

The Giants started the game on a sour note when Eli Manning was picked off by DeMarcus Ware on the opening play. Things didn't get much brighter until Manning almost showed more late-game heroics. Alas, Big Blue fell just short of a great comeback, as the Cowboys took advantage of nearly every mistake made by the Giants throughout the game.

Dallas won the all-important turnover battle, 6-1, as Manning committed three himself, including a pick-six by Brandon Carr with the Giants down by six and driving with two minutes left in the game.

TONY WILLIAMS
sports@metro.us

What we learned ...

1 Fumbled away

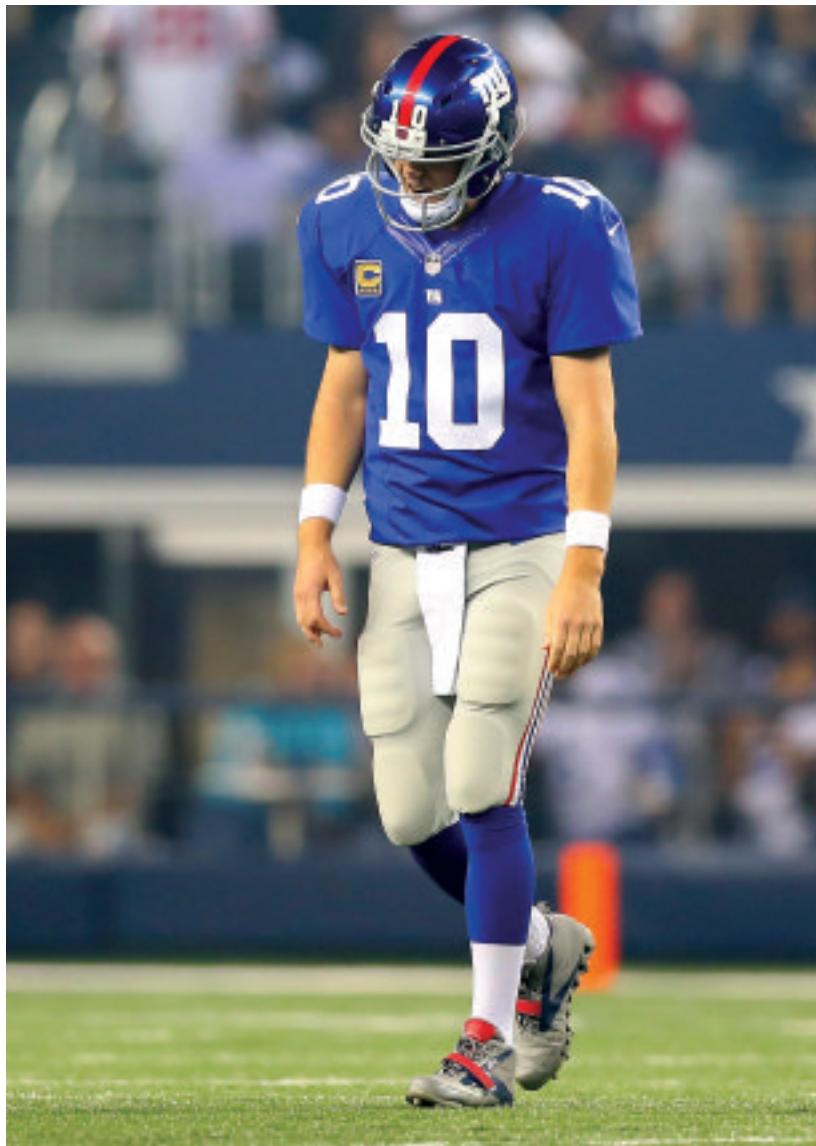
Giants running back David Wilson started his career in the doghouse by fumbling against the Cowboys in the opener, and ironically he continued that tradition by fumbling twice Sunday night. Lightly used backup Da'Rel Scott relieved Wilson of his duties for the rest of the evening.

2 Not so special

Even Big Blue's special teams couldn't shake the fumble-itis, as corner-back Trumaine McBride fell victim. The Cowboys recovered a muffed punt when the ball caromed off McBride, as he was attempting to block a Cowboys special teamer. Dallas' ensuing drive started at the Giants' 16-yard line and ended two plays later when Romo connected with Witten for a four-yard touchdown and a 27-10 lead.

3 The longest yard

The Giants' short-yardage woes reared their head again, as numerous times they couldn't convert. The most troubling instance came when the game was still early and in doubt and Ryan Mundy returned an interception to the Dallas 1-yard line. Three plays later, they were settling for a field goal. **TONY WILLIAMS**



Eli Manning had two interceptions in the team's first three drives, but a tipped pass by Da'Rel Scott that was intercepted and returned for a score ostensibly ended the game. / GETTY IMAGES

Ge-no doubt

Smith leads drive for first NFL victory

Geno Smith showed both his promise and the progress that needs to be made in the Jets' 18-17 win on Sunday over the Buccaneers.

But in the final 34 seconds of the game, Smith showed why he is the latest answer to this franchise's woes — and why he might be the one to finally turn things



Geno Smith was usually at his best when improvising both inside and outside of the pocket. / GETTY IMAGES

around for the Jets.

The pivotal moment came with 15 seconds left in the game on their own 45-yard line. Smith escaped from a collapsing pocket and smartly ran out of bounds as he was pushed down by Buccaneers linebacker Lavonte David. The personal foul moved the ball to the Tampa Bay 30-yard line and kicker Nick Folk squeaked in a 48-yard field goal for the win.

"I wasn't looking

for it — just playing situational football. I had enough time there to scramble, get out of bounds, at least get us past midfield," Smith said. "At least give us a chance to get a field goal off. It was bad on their part — on that guy's part — to cause that penalty, but it was good for us. Gave us some extra room."

He termed his own performance as one that "had some ups and downs." **KRISTIAN DYER**

3

SPORTS

Sox update

Ellsbury could return soon

Boston manager John Farrell said yesterday his speedy outfielder Jacoby Ellsbury has a compression fracture in his right foot, but the team expects to have him back this season. There was some fear he would need season-ending surgery. Instead he may be back within two weeks. Ellsbury leads the majors with 52 stolen bases.



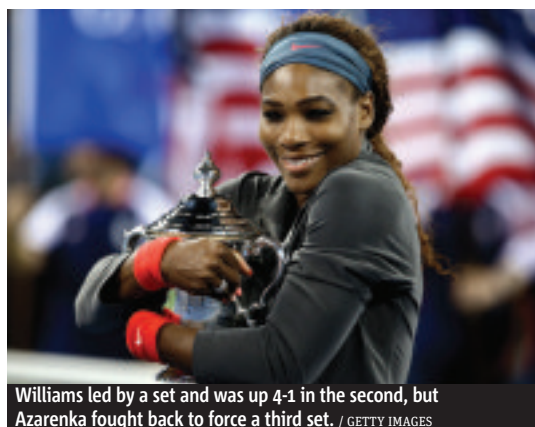
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Williams defends her US Open, earns No. 17

U.S. Open. The win was the fifth in Flushing for Serena Williams as she moves up the all-time list.



Williams led by a set and was up 4-1 in the second, but Azarenka fought back to force a third set. / GETTY IMAGES

Up a set and two breaks on Victoria Azarenka in the U.S. Open women's final, it seemed to all the world that Serena Williams was on cruise control.

But a gutsy Azarenka rallied and staged a remarkable comeback to win the second set in a tie-break, only to eventually fall to Williams and her indomitable will, 7-5, 6-7 (6), 6-1, in two hours and 45 minutes yesterday evening at Arthur Ashe Stadium.

When Azarenka sailed a backhand return long

on Williams's second match point, the top-seeded Williams jumped up and down in celebration, having won her 17th career Grand Slam singles championship, fifth U.S. Open and second straight in Flushing Meadows over Azarenka.

It was Williams's second major title this year following the French Open, cementing her position as the world No. 1.

"Vika's such a great opponent, such a great fighter and that's why she was able to win multiple Grand Slams," Williams said on

court as she flashed a huge smile. "It was never over until match point."

Williams's 17th major moved her into a tie with Roger Federer — the all-time men's leader — and one behind icons Chris Evert and Martina Navratilova, winners of 18 apiece. Margaret Court is the all-time women's leader with 24 majors.

Williams also picked up \$3.6 million, including a \$1 million bonus for winning the U.S. Open series leading into the tournament.

"Money has never been my motivation with tennis," Williams said before the final. "I have always just played to win Grand Slams."

ADAM ZAGORIA
sports@metro.us

Mets 2, Indians 1

Matsuzaka gets Mets win

After three disastrous starts, the Mets will take 5 2/3 innings of one-run ball from Daisuke Matsuzaka.

The Mets didn't get Matsuzaka the win, but Cleveland closer Chris Perez blew a 1-1 game to give New York its 64th win and avoid a sweep. Eric Young plated Matt den Dekker on a double for the win. **METRO**

MLB. Yankees avoid Sox sweep despite Rivera blown save

Mariano Rivera blew his second save of the series but the Yankees wound up avoiding a four-game sweep by the Red Sox when Ichiro Suzuki raced home on a wild pitch with two outs in the bottom of the ninth of yesterday's 4-3 victory.

Manager Joe Girardi judged the game to be so important he went to Rivera in the eighth inning.

"Mo's our best option at that time and that's why I went to him," Girardi said. "It wasn't that tough."

In the ninth, Rivera blew the save when Will Middlebrooks drove a 1-1

pitch over the right-field wall, a few feet left of where Mike Napoli's game-tying grand slam landed Friday.

The Yankees were able to overcome it as Ichiro lined a one-out single, stole second and took third on a fly ball by Vernon Wells. On the first pitch to Alfonso Soriano, Ichiro raced in when the pitch went off the top of the catcher's glove.

"If I had an opportunity, I wanted to take it," Ichiro said. "I wasn't going to go crazy and do something if it wasn't there. It wasn't anything special."

LARRY FLEISHER



Ichiro's hustle bailed out the Yankees. / GETTY IMAGES

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Art. of Org. filed with Secy. of State of New York (SSNY) on 05/16/13. Office location: NY County. SSNY has been designated as an agent upon whom process against the LLC may be served. The SSNY shall mail a copy of any process against the LLC is to: Talent Meet Rep, P.O. Box 319 NY, NY 10108. Purpose: any lawful act or activity

NOTICE IS HEREBY GIVEN that a license Number TBA for Liquor has been applied for by the undersigned to sell Liquor, Wine & Beer at retail in a Restaurant, under the Alcoholic Beverage Control Law at 7-11 W 27 St. a/k/a 234 Fifth Ave. New York, NY 10001 for on-premises consumption. Chipotle Mexican Grill of Colorado, LLC

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Legal Notices

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References: 1. Bar-Ziv Y et al., Arthritis Journal 2013. 2. Elbaz A et al., Clinical Biomechanics 2010. 3. Haim, A., et al., Journal of Biomechanics 2011.

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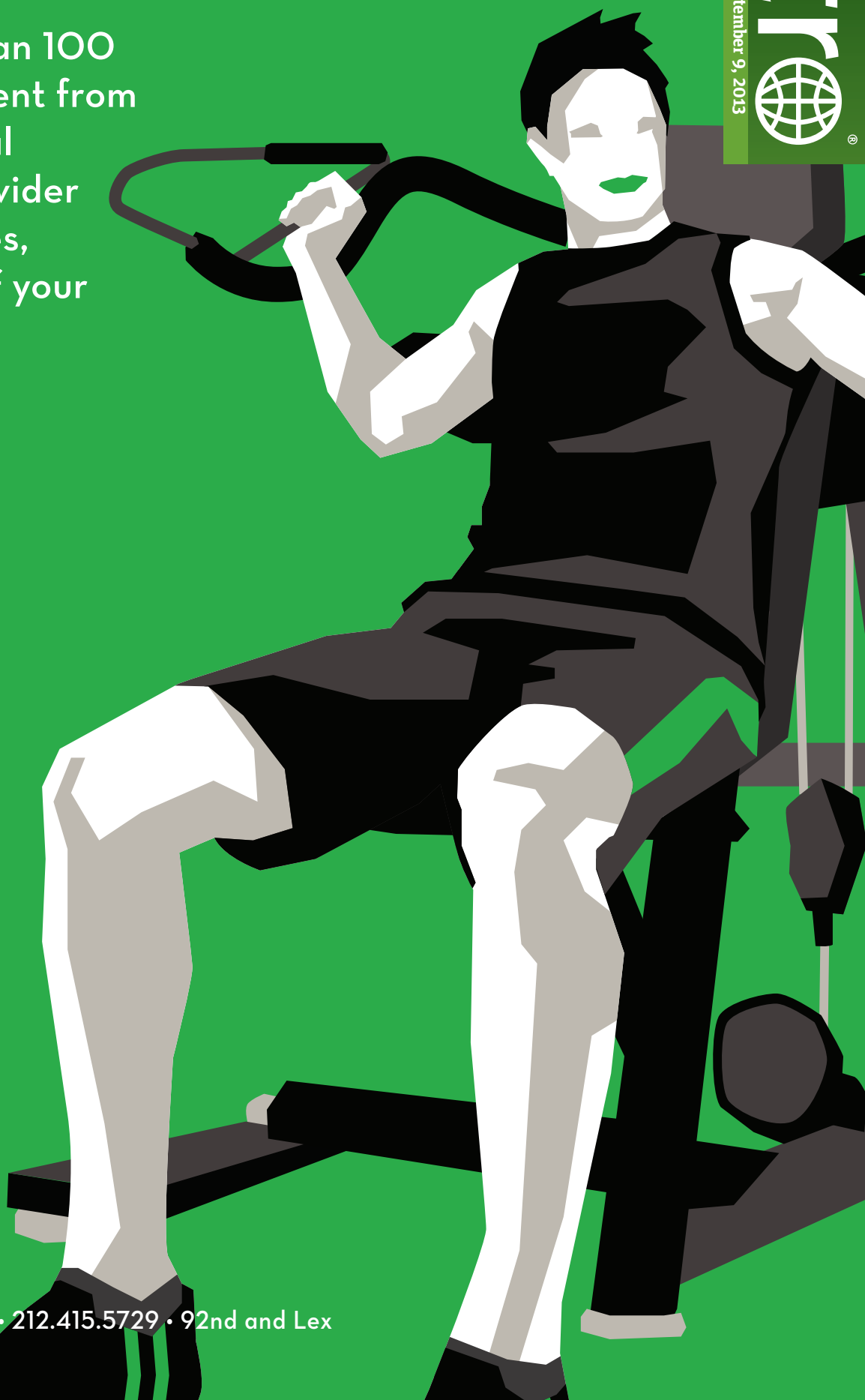
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